

# Holy Child Primary School



# NEWSLETTER

Issue 1, January 2020

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*"Always remember to love one another."* Sr Mary MacKillop

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## OUR SCHOOL

The Josephite Sisters established Holy Child Primary School, Dallas, in 1965 (Parish Reg). The Josephite ethos of pastoral care and community involvement are the hallmark of the Holy Child community.

Holy Child School is part of the Dallas parish, which serves the suburbs of Coolaroo, Meadow Heights, Dallas, Upfield, Campbellfield and parts of Broadmeadows.

Early in 2015, we celebrated 50 years, our silver jubilee, marking a significant milestone in our parish history.

St. Mary MacKillop, in full Saint Mary Helen MacKillop, also called Saint Mary of the Cross, (born 15 January 1842, Melbourne, Victoria, Australia - died 8 August 1909, North Sydney, New South Wales, Australia and canonized 17 October 2010. Feast day 8 August, religious figure, educator, and social reformer who was the first Australian beatified by the Roman Catholic Church and the first Australian to be recognised as one of its saints.

The staff and children of Holy Child School, Dallas are proud that their school was the first in Australia to start a children's Mary MacKillop group!



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## Principal Message

### Mr Alan Smith

[principal@hcdallas.catholic.edu.au](mailto:principal@hcdallas.catholic.edu.au)



Our Dear Community,

Welcome back everyone! I hope you have had a very relaxing break, catching up with your family and friends. I also hope that our children were looking after their parents by being as helpful

as they can around the house, cleaning or looking after younger brothers and sisters. I would also like to welcome to Holy Child

new families and staff members. Our new teachers are Ms. Heather White, Mr. Nicholas Alexiou and Mrs Kiki Goris. They will be teaching mainly the 3-4 and 5-6 areas.

Many of our parents are worried about the Novel (New) Coronavirus. We at school are concerned as well, so the information I am providing comes straight from the Australian Education Department.

**What to Look For?** Symptoms: can include fever, cough, sore throat, or shortness of breath. Symptoms can take up to 14 days to develop.

**Who would we be worried about?** People who have travelled to Hubei Province in China. All people initially infected live in, or have travelled to, Hubei Province, China. There have been cases of 2019-Novel Coronavirus reported in other Chinese provinces and other countries, so we need to be aware of the symptoms but not stressed if people haven't travelled to China or been in hospitals.

**When should I worry?:** Children and staff who are well and have travelled to other provinces in China, or any other areas where there have been reported cases, are NOT recommended to be excluded from schools and child care services, unless the following applies, the person is a:

- confirmed case of novel coronavirus; or
- close contact with a confirmed case of novel coronavirus in the past 14 days.

#### **How can I help prevent the spread of 2019 novel coronavirus?**

Practising good hand and sneeze/cough hygiene is the best defence.

The most important actions are:

- wash your hands often with soap and water; and
- cough and sneeze into your elbow.

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## **Where can I get more information?**

For Victorian updates to the current incident, go to: <https://www.dhhs.vic.gov.au/novelcoronavirus>

For national updates: <https://www.health.gov.au/news/latest-information-about-novel-coronavirus>

For international updates: <https://www.who.int/westernpacific/emergencies/novel-coronavirus>

World Health Organisation (**WHO**) resources: <https://www.who.int/health-topics/coronavirus>

## **Parent Parking**

The Jack Roper Carpark is use by our parents for pick-up and drop-off. Please be considerate and courteous when in this area as we are teaching and showing our children how to act with others. Also, please ensure you are not dropping children off or picking up by parking at the front gates of the school.

Just a reminder to all parents, if you have a Complaint or a Grievance about the school we have a process that is displayed in the Reception Foyer for you to use and this will allow us to address your concerns quickly and efficiently.

This year we will be focussing on how we can continue the great growth in learning of our children. We will do this by teachers working within their levels, taking groups of children based on their needs and focusing on showing the children what success looks like and encouraging them to achieve success. We will also introduce our Learning Dispositions to the community over this Term and build our use and understanding of them over the rest of the year. I will be writing more in each Newsletter to help our parents to know more about Learning Dispositions and how we will use them with our children.

Many Thanks and May God bless you all.



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## Deputy Principal Message

### Mrs Bernadette Venables

[bvenables@hcdallas.catholic.edu.au](mailto:bvenables@hcdallas.catholic.edu.au)

Happy New Year! It's been lovely to see both new and familiar faces back at school this week.

#### Education in Faith News

In this newsletter are the sacramental dates for 2020. More information about these sacraments will be available very soon.



Our school staff will be joining with our parish to celebrate mass on Sunday 9 February at 11:00am. All are welcome to attend!

This year we will be commissioning a beautiful new cross for the front of our school, designed using the ideas of students, staff and parents. We would love it if the cross was able to be constructed within our community so if any parents or friends have experience in design or art and would like to be involved in this project, please let the office know by Friday 21 February.

#### General Reminders

A note will come home early next week about our parent-teacher chats. These will be happening on Thursday 13 and Friday 14 February. **There will be NO SCHOOL on Friday 14 February** as interviews will be held during the day. These chats are an important opportunity for you to tell your child's teacher about them. The chats towards the end of Term 1 will be an opportunity for teachers to let you know about the progress your child has made over the term. Prep parents who have nominated for a "home visit" do not need to book another meeting time.

A reminder to please **call the school** if your child is absent. This is extremely important for the safety and wellbeing of your child. It is also important to remember that attendance at school every day, unless your child is unwell, is essential. Regular attendance at school sets your child up for learning success. Should your child be absent from school for more than 5 days in the year, a letter will be sent home asking for you to come in and speak with us about your child's attendance.

Please be reassured that as a school we have processes in place to keep children safe during hot weather (34 degrees or above), wet weather and days where the air quality is very poor or hazardous. It is important that children still come to school on these days so that their learning can continue. Every day counts!

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# IMPORTANT

## School Grounds Hours

**Gates Open: 8.30am**

**Gates Close: 3.40pm**

Please note, children playing outside the school grounds, before and after school, are not supervised until 8.30am before school and up to 3.40pm after school. Many children are going to the Jack Culpin Car Park\Reserve and Gibbs Reserve, before and after school, to wait for their parents' drop-off and pick-up. We are not able to supervise your children in these areas.

Please ensure that your children are collected from the School Grounds in **Area 1**. If your child is not collected by 3.40pm they are to be collected from the Reception Foyer.

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# Sacramental Dates 2020


## **Reconciliation** (usually celebrated in Year 3)

- Family Evening: 19 February
- Commitment Masses: 29 February, 1 March
- Sacrament: 18 March

## **Eucharist** (usually celebrated in Year 3)

- Commitment Masses: 1-2 August
- Family Evening: 19 August
- Sacrament: 13 September

## **Confirmation** (usually celebrated in Year 5 or 6)

- Commitment Masses: 2-3 May
  - Family Evening: 27 May
  - Sacrament: 21 June
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# Easy Plan Ahead Lunch Box Ideas

## Healthy Lunchbox Ideas

Nutrition Australia says that “Packing a healthy school lunchbox will help children to learn and play well and be happy at school.” For more information please see

<https://heas.health.vic.gov.au/schools/healthy-lunchboxes>



<https://www.woolworths.com.au/shop/recipes/back-to-school/easy-plan-ahead-lunch-box-ideas>



Chicken Nugget Wraps



Avocado & Salmon Rolls



# Upcoming Events

Date	Day	Time	Grade	Event
<b>January</b>				
30	Thursday	8.45	Students	Students commence
<b>February</b>				
	All Wednesdays in February	Whole Day	Prep	No School for Prep Children Prep staff completing home visits for Prep families
13	Thursday	4:00 - 6:30	All students	Background interviews - meet your child's teacher
14	Friday	8:45 - 1:40	All students	Background interviews <b>NO SCHOOL ON THIS DAY</b>
19	Wednesday	6:30pm	Reconciliation students	Family evening for Reconciliation
29	Saturday	6:00pm	Reconciliation students	Commitment mass
<b>March</b>				
1	Sunday	9:00 or 11:00	Reconciliation students	Commitment mass
5	Thursday	5:00pm	All students	Twilight sports
6	Friday	Whole Day	All students	Teacher Professional Practice Day <b>NO SCHOOL ON THIS DAY</b>

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# UNIFORM SHOP

Wednesday, 29 January 9.00am -12.00pm

**(COME TO SCHOOL OFFICE FIRST)**

Thursday, 30 January 8.30-9.30 (student's return to school)

Friday, 31 January 8.30-9.00

Monday, 3 February 8.30-9.00

Tuesday, 4 February 8.30-9.00

Wednesday, 5 February 8.30-9.00

Thursday, 6February 8.30-9.00



# UNIFORM PRICE LIST

Uniforms are purchased from the School Uniform Shop only on Tuesday and Thursday from 8.30am to 9.00am.

SUMMER UNIFORM	
<b>GIRLS</b> School dress School windcheater or jacket White socks / Black shoes School hat	<b>BOYS</b> School grey shorts School gold s/s polo School windcheater or jacket Grey socks / Black shoes School hat
WINTER UNIFORM	
<b>GIRLS</b> School pleated trousers School winter tunic School gold polo top (long sleeve) School windcheater or jacket White socks / black shoes School hat	<b>BOYS</b> School grey long trousers or grey shorts School windcheater or jacket School gold polo top (long sleeve) Grey socks / Black shoes School hat
SPORTS UNIFORM GIRLS and BOYS	
<b>SUMMER</b> School windcheater or Jacket  School Navy Shorts School Team colour T-ShirT White Socks / Runners	<b>WINTER</b> School Navy Shorts or School Tracksuit Pants School Long sleeve Team Colour T-Shirt White Socks / Runners
OPTIONAL EXTRAS	
School Bag, School Fleeced Raincoat/Jacket, School Beanie	

Ensure that all items of clothing are **CLEARLY LABELLED** as much of lost property ends up in the "LOST PROPERTY BASKET" and is never claimed. If all clothing is labelled, it will eventually find its way back to its owner.

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# UNIFORM POLICY

Students must wear the School Uniform to school at all times. (Casual Days accepted).

All uniforms, including polo tops and hats, must be purchased from the School Uniform Shop.

If students wear hats which are not the school hat, they will be asked to remove that hat and sit in the shade.

Students are NOT allowed to wear different coloured tights, leggings, socks, skivvies, jumpers, jackets, etc.

Black school shoes are to be worn every day except on your child's class P.E. (Sports Day).

Sandals or thongs are NEVER to be worn to school, even on Casual days.

Socks are to be worn at all times.

Only gold or blue hair ribbons and hair ties are to be worn.

Any hair, longer than shoulder length, must be tied back. (Girls and Boys)

Stud or sleeper earrings only.

No extra jewellery at all – no bracelets, rings, necklaces, etc.

No nail polish or make-up.

**We will ring parents of students not in the correct uniform and ask them to bring the school uniform to school.**



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# HUB

## Term 1

DAY	TIME	PROGRAM	LOCATION
<b>Monday</b>	9.00 AM – 12.00 PM	Community Garden	School Garden
<b>Tuesday</b>	9.15 AM - 12.15 PM	English Conversational Class	Hub 1
	12.30 PM - 2.30 PM	Free Childminding	Hub 2
	1.00 PM - 3.00 PM	Sewing Class	Hub 1
	1.00 PM - 3.00PM	Family Support / Drop in Services	Hub 2
<b>Thursday</b>	9.00 AM - 12.00 PM	English Class for all Interested Parents	Hub 2
	9.30 AM - 11.30 AM	Small Talk Playgroup	Hub 1
	1.00 PM - 3.00PM	Family Support / Drop in Services	Hub 2
<b>Friday</b>	9.00 AM - 11.00 PM	English Class For Beginners	Hub 2
		Free Childminding	Hub 1

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# HUB Patrons

**PLEASE**  
**DO NOT USE**  
**THE CHILDREN'S TOILETS**

You may use the disabled toilet in the main building, which will eventually have a change mat for babies.



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# HUME CITY COUNCIL

Leisure Programs for your children to stay fit and active within your community. BOXFIT for Kids classes give participants the best aspects of learning to box, that focus on non-contact drills, fitness, strength building exercises and working with partners. The classes are fun and well-structured in a relaxed atmosphere.

**TAEKWONDO** 'Just for Fun' Offers classes instructed by a qualified Taekwondo coach in a fun and relaxed environment that promotes physical activity for your child. We do not operate a grading system - it's just for fun!

**DANCE CLASSES** Classes are based on learning different styles of dance to the latest music releases, working on technique and movement that enhances skills

**SINGSTARS** A fun and exciting new program that teaches singing in the one class. Our classes will make you feel good enrich lives and it's fun, what more can you ask for? \* Private singing lessons can be arranged is required.

**ACROBATICS** Our acrobatics classes are taught using artistic gymnastic tumbling techniques and also include elements of partner balancing, trampette work and contortion. Acrobatic classes help dancers build upper body strength, agility and flexibility which can be beneficial in other dance genres. Our acrobatics classes are divided on skill-base rather than age to allow for students to work to their fullest potential.

For more information please visit: [www.hume.vic.gov.au/leisureprograms](http://www.hume.vic.gov.au/leisureprograms).

Or call Leanne Cacoyiannis on 9205 2513.



# SUNSMART

## Being **SunSmart** in Victoria



### When **UV** is **3+**



**Slip** on covering clothing



**Slop** on SPF30 or higher, broad-spectrum, water-resistant sunscreen



**Slap** on a broad-brimmed hat



**Seek** shade



**Slide** on sunglasses (AS:1067)

Think **UV**, not heat! UV rays can't be seen or felt and can damage your skin on cool or cloudy days.

### When **UV** is below **3**

Sun protection isn't required unless you are outdoors for extended periods or near reflective surfaces, such as snow.



Download the **SunSmart** app to find sun protection times for your location in Australia.

[sunsmart.com.au/app](http://sunsmart.com.au/app)





# We are SunSmart - a note for families



Too much UV can cause sunburn, skin and eye damage and skin cancer.

Overexposure to UV during childhood and adolescence is a major factor for future skin cancer risk.

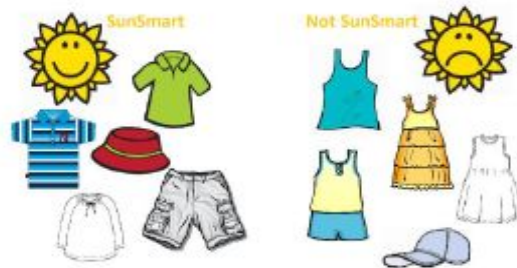
You can't see or feel the sun's UV so don't be fooled. Whatever the weather, if the UV levels are three or more, it's important to **Slip, Stop, Slap, Seek and Slide!**

Our service aims to protect children and staff from too much UV to help minimise future skin cancer risk. We are a registered member of the Cancer Council Victoria's SunSmart Program. Please help support our SunSmart membership by ensuring your child follows the SunSmart measures encouraged by educators.

**During the daily local sun protection times (issued whenever UV levels are three and above), use these 5 SunSmart steps – even if it's cool and cloudy.**

1. **Slip on a shirt** - dress your child in clothing that covers as much skin as possible (e.g. elbow length tops with a higher neckline or collar and longer style shorts or skirts). Densely woven fabrics are best.
2. **Slap on SPF 30 (or higher) broad-spectrum, water-resistant sunscreen** – apply a generous amount of sunscreen at the start of the day and provide permission for sunscreen to be reapplied to your child before they go outdoors. This should be applied every two hours. From 3 years of age, please help your child apply their own sunscreen so they can start to learn independent skills.
3. **Slap on a hat** – one that protects the face, neck and ears such as a broad brimmed, legionnaire or bucket style hat. Peak caps do not offer enough protection and are not recommended by SunSmart. Please help your child remember to bring and wear their approved sun hat.

4. **Seek shade** – choose shady spots for play whenever possible.
5. **Slide on some sunglasses** - if practical and approved by the service. Make sure they are labelled AS 1067 and cover as much of the eye area as possible.



## Sun protection times

Don't just wait for hot and sunny days to use sun protection. Check the sun protection times each day so your family can be protected when they need to be.

Daily local sun protection times and weather details are available on the free SunSmart app or widget, in the weather section of the newspaper and on the SunSmart website at [sunsmart.com.au](http://sunsmart.com.au). Sun protection times can also be found at [the Bureau of Meteorology website](http://the Bureau of Meteorology website) and live UV levels are available from [ARPANSA](http://ARPANSA).



Further information contact SunSmart  
P: 03 9514 6419  
E: [sunsmart@cancervic.org.au](mailto:sunsmart@cancervic.org.au)  
W: [sunsmart.com.au](http://sunsmart.com.au)

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**Holy Child Primary School is committed to the safety, wellbeing and protection of the children in our care.**



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