

## **Holy Child Primary School**

# NEWSLETTER

Issue 7

7 May 2020



OUR SCHOOL MOTTO Wisdom, Knowledge and Grace



"Always remember to love one another." Sr Mary MacKillop

#### **Our School**

The Josephite Sisters established Holy Child Primary School, Dallas, in 1965 (Parish Reg). The Josephite ethos of pastoral care and community involvement are the hallmark of the Holy Child community.

Holy Child School is part of the Dallas parish, which serves the suburbs of Coolaroo, Meadow Heights, Dallas, Upfield, Campbellfield and parts of Broadmeadows.

Early in 2015, we celebrated 50 years, our silver jubilee, marking a significant milestone in our parish history.

St. Mary MacKillop, in full Saint Mary Helen MacKillop, also called Saint Mary of the Cross, (born 15 January 1842, Melbourne, Victoria, Australia - died 8 August 1909, North Sydney, New South Wales, Australia and canonized 17 October 2010. Feast day 8 August, religious figure, educator, and social reformer who was the first Australian beatified by the Roman Catholic Church and the first Australian to be recognised as one of its saints.

The staff and children of Holy Child School, Dallas are proud that their school was the first in Australia to start a children's Mary MacKillop group!

## Australia's first Saint

"Let us try to keep God with us by charity of thought, word and act."

15 September1890



## Principal Message Mr Alan Smith

principal@hcdallas.catholic.edu.au

#### Dear All,

This week I would like you all to thank our staff who have been teaching our children in this brand new environment. In the last two weeks our Learning Support Officers have been working online to provide critical literacy support to our children. They have been doing one-on-one work with individual children based on the children's needs. Teachers have worked



extremely hard to continue the learning of our children. We have teachers working onsite and online doing an amazing job with limited opportunities. Lastly, our Administration and Leadership teams have been providing much support for families. They have been supporting with computer issues, software issues, ordering in preparation for the future, making sure our programs for children continue, advocating for our children's learning and helping in any way they can.

As you would know Mrs Rachel Wisniewski will be leaving us to have her baby in the next two weeks, we will be very sad that she is leaving though very happy to celebrate the beginning of her new family. To support the children's learning we have employed Ms Charlotte Crips to be our new Grade 2 teacher. Ms Cripps has taught overseas and in Western Australia. Ms Cripps has been teaching onsite at Holy Child during the last two weeks. Welcome to Ms Cripps; we at Holy Child Primary School are so pleased to be part of her journey as a professional teacher. We hope she enjoys her teaching time at Holy Child. Please make her feel that she is part of our school.

We know learning from home is very difficult for parents. We, as a school, would love to have our children back to learn in our classrooms. Unfortunately this can-not happen at the moment . The Victorian Government has made it very clear, If you can learn from home you MUST learn from home. This will be reviewed in the next few weeks and hopefully we'll be able to return very soon. We at school are also working hard to prepare for when we return. There are going to be big changes to the way we do things at Holy Child, and parents please begin to expect this. We will be communicating these changes to you when we have more information about when we will return to school.

God Bless you all Mr Alan Smith

#### **Deputy Principal Message**

Mrs Bernadette Venables bvenables@hcdallas.catholic.edu.au

I'd like to begin by thanking all of our parents for the work they are doing at home with their children. It's wonderful to see the work samples coming in and that so many of our families have embraced this new way of working. This situation is new for all of us and we are all learning new things – new ways of learning and new ways of teaching! Thank you for the supportive messages which have been sent – they are very encouraging for us all.

Every time a child submits work, the teachers receive an email. Although it's great to see so much learning happening, we are concerned about the time that some students seem to be completing their work. I have received emails late in the evening and even into the very early hours of the morning (I have received emails at 1:30am!) We as a staff are very concerned about this as it tells us that students are on their computers extremely late – at times when they should be asleep. Learning is very important, but without enough sleep, children cannot learn well.

<u>www.raisingchildren.net.au</u> – the Australian parenting website, has a number of articles on the importance of sleep how it impacts children. These articles remind us that good-quality sleep:

- helps your child concentrate, remember things and behave well;
- helps children to be successful learners; and
- helps children to follow behaviour expectations.

Children in Prep – Year 3 need about 10-11 hours of sleep each night. Children in Year 4 – Year 6 need about 9-11 hours of sleep each night.

If your child has difficulty falling asleep, they might be helped by:

- going to bed and waking up at the same time each day even on the weekends;
- turning off all screens (computers, iPads, television) one hour before bedtime;
- a quiet place to sleep with low light;
- making sure they have time to play outside each day; and
- no caffeine especially in the late afternoon (e.g. not drinking tea, coffee, sports drinks or eating chocolate).

If you've been trying these ideas and they still aren't helping it's a good idea to talk with your family doctor.

#### **Education in Faith News**

Every year Catholics celebrate May as the Month of Mary. This year, Pope Francis has encouraged families to pray the rosary together at home. He has also written other prayers for families to say during this time. I have included one below:

O Mary, You shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick, who, at the foot of the cross, were united with Jesus' suffering, and persevered in your faith.

"Protectress of the Roman people", you know our needs, and we know that you will provide, so that, as at Cana in Galilee, joy and celebration may return after this time of trial.

Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us. For he took upon himself our suffering, and burdened himself with our sorrows to bring us, through the cross, to the joy of the Resurrection.

Amen.

## **Community Assistance**

## **CRISIS SERVICES**

Berry Street Family Violence services	9450 4700
Safety Step Family Violence Response Centre 24 hour support	1800 015 188
InTouch Multicultural Centre Against Family Violence	9413 6500
DPV Health Central intake number	1300 234 263
Kids Helpline	1800 55 1800
Head Space	1800 850 890
Lifeline	13 11 14
Suicide Helpline	1300 651 251
Northwest Adult Mental Health Services	8345 5611
CAT Team Northwest Adult Mental Health - 24 hour services Triage	1300 369 012
Beyond Blue Support Service	1300 224 636
Men's Referral Service	1300 766 491

#### **ENGLISH**

Food-bank Program

In response to the COVID-19 health crisis, Kenley Court Neighbourhood House in partnership with Northpoint Centre is continuing its support to our community by running

Food-bank Program on Thursdays from 1 pm to 3 pm.

Please be advised that the centre will ONLY be open during this time and we will ONLY serve 15 clients at a time.

Thank you for your cooperation.

If you have any enquiries, please contact Michael on 0406 323 001 or email Michael.m@banksiagardens.org.au

#### ARABIC

برنامج بنك - الطعام

تجاويًا للازمة الصحية بسبب وباء كورونا كوفيد- ١٩, تواصل دار كينلي كورت <mark>نابير هوود</mark> بالتعاون مع مركز. نورث يوينت بدعم مجتمعا من خلال إدارة برنامج بنك - الطعام.

وذلك في كل يوم خميس من الساعة ١ ظهرًا - ٣ بعد الظهر.

يرجى الأخذ بحين الاعتبار بأن المركز سيكون مفتوحًا **فقط** في الأوقات المذكورة أعلام. وسوف نخدم ١٥ زيون **فقط** في المرة الواحدة.

شكرا لتعاونكم.

إذا كان لديكم اي استفسار ، يرجى الاتصال ب مايكل على رقم الهاتف: ٤٠٦٣٢٣٠٠١ إي عبر البريد الإلكتروني: <u>Micheal.m@banksiagardens.org.au</u>

#### VIETNAMESE

Chương trình ngân hàng thực phẩm

Để đối phó với cuộc khủng hoảng sức khỏe COVID-19, Nhà hàng xóm của Kenley hợp tác với Trung tâm Northpoint đang tiếp tục hỗ trợ cho cộng đồng của chúng tôi bằng cách điều hành

Chương trình ngân hàng thực phẩm vào thứ năm từ 1 giờ chiều đến 3 giờ chiều.

Xin lưu ý rằng trung tâm sẽ CHỉ được mở trong thời gian này và chúng tôi sẽ CHỉ phục vụ 15 khách hàng cùng một lúc.

Cảm ơn bạn đã hợp tác của bạn.

Nếu bạn có bất cứ thắc mắc nào, xin vui lòng liên hệ với Michael theo số 0406 323 001 hoặc email Michael.m@banksiagardens.org.au

## **Multilingual Resources on COVID-19**

Banksia Gardens Community Services in partnership with DPV health have been working together to provide information about coronavirus into a range of community languages.

That information can be accessed here <u>bit.ly/DPVSupport.</u>

## **Sacramental Dates 2020**

## Due to Covid19 all sacramental dates are suspended until further notice

Eucharist (usually celebrated in Year 3)

- Commitment Masses: 1-2 August
- Family Evening: 19 August
- Sacrament: 13 September

Confirmation (usually celebrated in Year 5 or 6)

- Commitment Masses: 2-3 May
- Family Evening: 27 May
- Sacrament: 21 June

## **Upcoming Events**

DATE		TIME	GRADE	EVENT	
June					
20	Saturday	TBC	All	Multicultural Dinner Dance Holy Child Hall	
21	Suspended until further notice Sacramental Dates 2020: Confirmation <i>(usually celebrated in Year 5 or 6)</i> Sunday: Sacrament				
July					
August					
<del>1-2</del>	Suspended until further notice Sacramental Dates 2020: Eucharist <i>(usually celebrated in Year 3)</i> Saturday and Sunday: Commitment Masses				
<del>19</del>	Suspended until further notice Sacramental Dates 2020: Eucharist <i>(usually celebrated in Year 3)</i> Wednesday: Family Evening				
21	Friday			Enrolment Applications close	
September					
<del>13</del>	Suspended until further notice Sacramental Dates 2020: Eucharist <i>(usually celebrated in Year 3)</i> Sunday: Sacrament				
October					
24	Saturday	Our Lady of Fatima statue will be at Holy Child as part of a Parish celebration of our Lady			
November					
1	Sunday	TBC	All	Multicultural Dinner Dance Holy Child Hall	
December					

## **Parents**

Due to health and safety, we are not able to reheat children's food at school.

Please do not send food that needs re-heating.

Thank you.

## Easy Plan Ahead Lunch Box Ideas

Healthy Lunchbox Ideas

Nutrition Australia says that "Packing a healthy school lunchbox will help children to learn and play well and be happy at school." For more information please see <u>https://heas.health.vic.gov.au/schools/healthy-lunchboxes</u>







Chicken Nugget Wraps Avocado & Salmon Rolls



## **Enrolments**

#### Year 7 2022 Enrolments Now Open

**Penola Catholic College** Applications close Friday, 21 August 2020 Limited enrolment places for some years levels are available for 2021

#### Year 7 2022 Enrolments Now Open

Kolbe Catholic College

Applications close Friday, 21 August 2020. Due to COVID-19, enrolments will be accepted and processed remotely. For further details, email registrar@kolbecc.catholic.edu.au or call 8339 3060.

## Scholarships 2021

#### Kolbe Catholic College

Academic Scholarships available now for Year 7 2021 For more information, contact: 8339 3060 or <u>registrar@kolbecc.catholic.edu.au</u>



Holy Child Primary School is committed to the safety, wellbeing and protection of the children in our care







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