



Holy Child Primary School

NEWSLETTER

Issue 12, 12 August 2021

St. Mary MacKillop, in full **Saint Mary Helen MacKillop**, also called **Saint Mary of the Cross**, (born January 15, 1842, Melbourne, Victoria, Australia - died August 8, 1909, North Sydney, New South Wales, Australia; canonized October 17, 2010; feast day August 8), religious figure, educator, and social reformer who was the first Australian beatified by the Roman Catholic Church and the first Australian to be recognized as one of its saints.

MacKillop was born in Australia to Scottish immigrants. Her father, a former seminarian whose ill health had caused him to abandon study for the priesthood, stressed the importance of education and home-schooled his eight children. When she was 14, MacKillop began working, and she was often her family's main source of support. In 1860 she moved to the small rural town of Penola to serve as governess for the children of her aunt and uncle. There MacKillop provided her cousins with a basic education and soon extended this to the poor children of the town. A young priest, Father Julian Tenison Woods, encouraged her to continue this work, assuring her that educating the poor would be an ideal way to serve God.

In 1866 MacKillop and Woods founded Australia's first order of nuns, the Sisters of St. Joseph of the Sacred Heart, and also established St. Joseph's

School in a converted stable in Penola, providing a free education to children from the area. In 1867 MacKillop took vows and became the first mother superior of the sisters. The following year the sisters opened schools in other Australian cities, as well as an orphanage and a refuge for women released from prison.

MacKillop intended that the order be self-governed and devoted to teaching and charity. She and Woods, who composed the rule for the order, insisted that the sisters would accept a life of total poverty, trusting in Divine Providence. Further, her school at Penola and the other schools that her order founded provided secular as well as religious education, regardless of the religious affiliation of the students, and accepted no money from the government, remaining open to all and accepting only what tuition parents could afford, at a time when the government still provided funding to religious schools. Some Australian priests and bishops were openly hostile both to the degree of autonomy that the Josephites enjoyed and to MacKillop's rejection of federal funding. In 1871, perhaps intentionally misinformed by his advisers, Bishop Laurence Sheil of Adelaide excommunicated MacKillop for insubordination. The next year, however, on his deathbed, Sheil acknowledged that he might have been misled, and he reinstated MacKillop.



PRINCIPAL MESSAGE

MR ALAN SMITH



Dear Parents, Guardians & Friends of Holy Child,

Thank you for your ongoing support, as we enter the final days of the 6th lockdown.

As a community we have supported each other so well in ensuring that our students have continued access to a quality education and our parent body is well supported. It is, and has been a very difficult time, but together we have been able to support our children and families. Thank you.

A reminder that it is very important that the children are ready for online learning. We have noticed a pattern of a high number of children not returning to class after the first break. We intend to address this by taking a second roll call. Every minute of learning counts and considering that cumulatively we have clocked up some 6 months of online learning, our children need to be present and ready to learn.

We wish our students, who are preparing for the Sacrament of Eucharist every blessing. Again, the support of the families has been so important, as we have not been able to work with our children with normal preparations. Thank you for working with us in partnership.

A reminder that when we are allowed to return to school onsite, temperatures will continue to be taken and hands sanitised. If your child is showing any signs of illness, please take them to the doctors for their best care. We will inform you of any changes, as we are also made aware. Also, we are focusing on healthy lunch boxes. We encourage brain food (carrots, celery, fruit etc) for nibbling on in class and non-packaged recess and lunch meals. Not only is non packaged food a healthier option for our children, but also great for the environment.

Many thanks for doing your best in helping your children attend online school.

Should you have any concerns, please do not hesitate to contact the school.

Stay safe and God Bless.

SCHOOL GROUND HOURS

GATES OPEN 8.30AM

GATES CLOSE 3.40pm

Children playing outside the school grounds, before and after school, are not supervised until 8.30am before school and up to 3.40pm after school. Many children are going to the Jack Culpin Car Park\Reserve and Gibbs Reserve, before and after school, to wait for their parents' drop-off and pick-up. We are not able to supervise your children in these areas.

Please ensure that your children are collected from the School Grounds in Area 1. If your child is not collected by 3.40pm they are to be collected from the Reception Foyer.

BEFORE AND AFTER SCHOOL CARE is available, contact **Camp Australia** directly on 1300 105 343 or oshc@campaustralia.com.au.

EASY PLAN AHEAD LUNCH BOX IDEAS

Nutrition Australia says that "Packing a healthy school lunchbox will help children to learn and play well and be happy at school." For more information please see <https://heas.health.vic.gov.au/schools/healthy-lunchboxes>

SUN SMART

Australia has one of the highest rates of skin cancer in the world.

In Victoria, from September through to the end of April, average UV levels are 3 and above, which is when UV radiation can damage skin and eyes and lead to skin cancer. When the UV Index is 3 and above:

1. **Slip** on sun-protective clothing
2. **Slop** on SPF30+, broad spectrum, water resistant sunscreen - put it on 20 minutes before you go outdoors and every two hours afterwards
3. **Slap** on a hat - that protects your face, head, neck and ears
4. **Seek** shade
5. **Slide** on some sunglasses - make sure they meet Australian Standards.



Holy Child is a SunSmart School and we enforce



Children must wear the school hat during the break times at school.

During warmer weather, DRINK MORE WATER

As the weather warms up it is important that our children drink regularly.

Children will need a clearly named and refillable drink bottle.

Please do not send food that needs re-heating. Due to health and safety, we are unable to heat children's food at school.

DENTAL FORMS

Dear Parents and Carers,

Australian Dental Health Victoria (ADHV) will be visiting our school early next term.

If you would like your child/children to attend the dental van at school, please complete and sign the dental form that your child/children will be given and **return to school by 16 August**.

There is NO COST to attend the dental van.

Please call the school office if you have any questions.

Thank you



UPCOMING EVENTS

AUGUST

Friday	13	Eucharist Reflection Day (TBC)
Thursday	19	100 days of Prep at school - Celebration Day
Friday	20	NO SCHOOL Professional Learning Day
Monday-Friday	23-27	Book Week. Old Worlds, New Worlds, Other Worlds
Sunday	29	First Eucharist Sacrament - 2pm Holy Child Church
Monday	30	MACSISS Parent Surveys commence

SEPTEMBER

Friday	3	Father's Day Stall (Cancelled until further notice)
Sunday	5	Father's Day
Mon / Tues	6/7	Barista Training Course (TBC)
Wednesday	8	Feast of the Nativity of the Blessed Virgin Mary
Thursday	16	Learning Conversation (commencing 3.45pm)
Friday	17	Learning Conversations (8.45am-12.30pm) Camp Australia closed End of Term 3



Save the Children

JOURNEY OF HOPE

**A workshop for parents and caregivers:
Understanding and coping with stress**

Supporting parents and caregivers of children affected by the dual impacts of bushfires and COVID-19

Tens of thousands of children in Australia have been directly affected by the catastrophic 2019-20 bushfires. Just as communities had a chance to start rebuilding their lives, the COVID-19 pandemic halted the recovery process, closing schools and adding further stress on children and their caregivers.

We know that in any emergency children are the most vulnerable, during the immediate crisis and afterwards. And that caregivers can play a vital role in their recovery and long-term well-being.

Save the Children is committed to making sure children and their caregivers have the support they need to process what they've experienced and the strategies they require to cope with the long-term impacts of the bushfire and COVID-19 crises.

JOURNEY OF HOPE MODULE 1: A WORKSHOP FOR CAREGIVERS

Journey of Hope is a specially designed program to help children and caregivers cope with collective trauma, identify triggers and stressors, develop their natural resilience and coping strategies, and strengthen their social support networks. Normally the program is delivered face to face, but in response to the challenges posed by COVID-19, we have adapted it to deliver the content online.

The caregiver workshops are available face to face or online to parents and caregivers from affected schools and communities.

THE KEY ROLE CAREGIVERS PLAY IN CHILDREN'S RECOVERY

Children's well-being depends significantly on the stability and well-being of their caregivers. Children understand and process events based on messages they receive from those responsible for them. Helping caregivers to process their experiences and develop inner and collective resources for coping is the first step in increasing their capacity to support children. By attending first to their own emotional needs, caregivers can be fully present and attentive to the needs of children.

Supporting caregivers in processing recent events, coping with current challenges and realising healthier futures strengthens their ability to care for children in their school and living environments.

WHAT THE WORKSHOP COVERS

The workshop utilises psychoeducation techniques to normalise common reactions to a traumatic event, major life changes and ongoing stress. Covering information on stress and stress reactions gives participants a language to help them label and discuss their experiences. In addition to normal reactions to stress, signs and symptoms indicating the need for professional mental health services are reviewed and referral recommended, when necessary. Additionally, participants experience and are given practical strategies for stress management and relaxation through breath work and meditation.

In addition to stress and trauma reactions, practical knowledge and tools are provided to expand the capacities of parents, school staff and local community members to support children and practice self-care.



The program goals:

- Understanding reactions to stress and enhancing coping skills.
- Identifying and amplifying individual strengths and assets.
- Building trust and fostering collaboration and community engagement.

WHY SAVE THE CHILDREN?

Save the Children is one of Australia's largest community development and emergency response organisations dedicated to helping children. We've been working to change the story for vulnerable children, young people and families in Australia for over 65 years. While the bushfires raged and in the aftermath, we reached over 3000 children and almost 300 parents and carers in 17 communities in NSW, Victoria and South Australia.

MINIMUM REQUIREMENTS

The face-to-face caregivers workshops are delivered in a single three-hour session or can be split into 2 separate sessions. The online workshop is delivered in a single two-hour session. In order to take part in the online version, you will need an internet connection and a computer, tablet or other connected device.

To find out more, visit savethechildren.org.au/journeyofhope

For more information please contact:
Danielle Brunton, Program Manager
E: journeyofhope@savethechildren.org.au

savethechildren.org.au



MERCY COLLEGE

SCHOLARSHIP PROGRAM

Our scholarship program is offered for prospective Year 7 students and at Years 9 and 11 for current and prospective students.

At Mercy, we believe that all students have the ability to achieve personal excellence.

Scholarships celebrate personal achievement, encourage growth and reward deep commitment to College life.

Academic, Music and Access Scholarships are available.

**Contact the College registrar via email or phone
to learn more about this and other opportunities available at Mercy College
9319 9299 or registrar@mercycoburg.catholic.edu.au**



9th August, 2021

Pfizer vaccination now available

DPV Health are providing Pfizer vaccine to vulnerable people living in Hume City from Monday 9th August 2021.

Where: Broadmeadows Town Hall, 10 Dimboola Road, Broadmeadows

Time: Monday – Friday (9.30am - 4.30pm)

Who: Adults 40-60 years old and vulnerable communities

To check your eligibility visit: <https://bit.ly/3jl1NhG>

Bookings ONLY (limited Pfizer vaccine available)

To Book call: 1300 DPV VAX (1300 378 829)

لقاح فايزر هو متوفر الآن

إعتباراً من يوم الاثنين 9 أغسطس 2021، ستقدم DPV Health لقاح فايزر للأشخاص المستضعفين الذين يعيشون في مدينة هيوم.

- المكان:

Broadmeadows Town Hall
10 Dimboola Road, Broadmeadows VIC3047

- الوقت: الإثنين - الجمعة (9.30 صباحاً - 4.30 مساءً)

-المحنيين هم: البالغون بين 40 الى 60 سنة والمجموعات الضعيفة

- للتحقق من أهليتك ، قم بزيارة الرابط التالي:

<https://bit.ly/3jl1NhG>

- الموعد هو طريق الحجر فقط (هناك كمية محدده متوفره فقط من لقاح فايزر)

- للحجز يرجى الإتصال :

1300 DPV VAX







1300378829

- إذا كانت هناك حاجة إلى مترجم فوري ، فيرجى الاتصال بخدمة الترجمة والترجمة الشفوية على 131450 وسيصلون برقم الحجر.



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- | | |
|--|--|
|  laptops & tablets |  lessons & activities |
|  uniforms & shoes |  books & supplies |
|  sports fees & gear |  camps & excursions |

To join Saver Plus, you must be at least 18 years or over, have a child at school or starting next year, or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*

* many Centrelink payments are eligible, please contact your local Coordinator for more information.

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Contact

your local Saver Plus Coordinator

Phone

1300 610 355

Email

saverplus@bsl.org.au

Online

saverplus.org.au

Find us on Facebook 



If you are interested, please call Van on 93091620- Tuesday & Thursday or
Email: ybui@hcdallas.catholic.edu

Applications for Year 7 2023 for current Grade 5 students close 20 August 2021

* Please note: We have NO more places available for Year 7 2022



Ignite your passion for learning

Ask us about our

- Accelerated Learning and Enrichment Program
- Academic Scholarships
- Sports Academy

www.kolbecc.catholic.edu.au



KOLBE
Catholic College

For more information contact the College
on **8339 3060** or email
registrar@kolbecc.catholic.edu.au

**Holy Child Primary School is committed to the
safety, wellbeing and protection of the children in our care**



HOLY CHILD
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