# OLY CHILD PRIMARY SCHOOL NEWSLETTER

WE ARE COMMITTED TO THE SAFETY, WELLBEING AND PROTECTION OF THE CHILDREN IN OUR CARE



Hello | Wominjeka | Kudual | Chào | Γεια σας | Ciao | Bongu | مرحبا | Merhaba | Hola | Ayubowan | أهلا | Kamusta | Namaste

Did we miss your language? Please let us know

#### KEY DATES

Wednesday 17 August Sacrament of Reconciliation Sacrament of Reconciliation at 6:30 pm

Monday, 22 August Book Week Commences - Theme: Dreaming with eyes op Children wear their pyjamas to school

Friday, 26 August 9.00am Book Week Parade on the Oval

Wednesday, 14 September Student Led Learning Conferences Commence: 3.45pm - 6.15pm

Thursday, 15 September Student Led Learning Conferences - Students to attend Commence: 8.45am - 12.45pm

Thursday, 15 September School ends today at 1:40pm

Friday, 16 September Professional Practice Day No School

#### A NOTE FROM THE DEPUTY PRINCIPAL

Monday 8 August was the feast day of Australia's first Saint, Mary MacKillop. An extraordinary woman who was a true witness of someone who kept her heart and mind on God and allowed herself to be transformed by God's love.

Mary was committed to responding to those who struggled in life. She saw the risen Christ in the face of all she met including the poor, the weak and those in need. She assisted the voiceless in finding their voice. Throughout Mary's life, she displayed the most extraordinary trust in God, especially



in times of trial. During her time of being excommunicated, Mary wrote, 'I shall never forget the sensation of God's calm, beautiful presence.' The excommunication was eventually lifted.

Mary's life was difficult and she experienced trials that should have broken her. However, Mary's unwavering faith allowed God to work extraordinary things through her. Mary MacKillop had a heart that blazed in trust and was a powerful witness of hope and action.

This week each class was involved in a special prayer liturgy to celebrate the life of Saint Mary MacKillop. Each family was sent home a special prayer card via the eldest child in each family.

Let Us Pray: Mary MacKillop Woman of faith Woman of the poor Teacher and educator Pilgrim on the way Woman of the cross Woman of the community Woman of the Gospel Woman expanding boundaries Woman of charism

Pray with us.

God bless you all, Guy Toomey

### SCHOOL GROUND HOURS

# SUNSMART

GATES OPEN 8:30 AM

### GATES CLOSE 3:40 PM

Children playing outside the school grounds, before and after school, are not supervised until 8.30am before school and up to 3.40pm after school. Many children are going to the Jack Culpin Car Park\Reserve and Gibbs Reserve, before and after school, to wait for their parents' drop-off and pick-up. We are not able to supervise your children in these areas.

Please ensure that your children are collected from the School Grounds in Area 1. If your child is not collected by 3.40pm they are to be collected from the Reception Foyer.

#### Holy Child Primary School is a Smoke-Free Zone



Australia has one of the highest rates of skin cancer in the world.

In Victoria, from September through to the end of April, average UV levels are 3 and above, which is when UV radiation can damage skin and eyes and lead to skin cancer. When the UV Index is 3 and above:

- 1. Slip on sun-protective clothing
- 2. Slop on SPF30+, broad spectrum, water resistant sunscreen - put it on 20 minutes before you go outdoors and every two hours afterwards
- 3. Slap on a hat that protects your face, head, neck and ears
- 4. Seek shade
- 5. Slide on some sunglasses make sure they meet Australian Standards.

Holy Child is a SunSmart School and we enforce **NO HAT** NO PLAY.

Children must wear the school hat during the break times at school.

## FOOD AND DRINK

#### During warmer weather DRINK MORE WATER

As the weather warms up it is important that our children drink regularly.

Children will need a clearly named and refillable drink bottle.

Please do not send food that needs re-heating.

Due to health and safety, we are unable to heat children's food at school.

### During cooler weather

As the weather cools, ensure children are appropriately dressed for cold rainy days and if they are wearing a beanie or gloves that they are navy blue or black.

Beanies are available for purchase at the School.

# BEFORE AND AFTER SCHOOL CARE



Before School Care and After School Care is available at Holy Child every school day

#### **Regular Bookings**

Before School Care is available from 6.30 am to 8.45 am and **costs \$2.40** after Child Care Subsidy is applied. After School Care is available from 3.20 pm to 6.00pm and **costs \$3.30** after Child Care Subsidy is applied.

#### Casual Bookings

Before School Care is available from 6.30 am to 8.45 am and **costs \$2.85** after Child Care Subsidy is applied. After School Care is available from 3.20 pm to 6.00pm and **costs \$3.75** after Child Care Subsidy is applied. You need to register your child once before you use the service. Please call the school office, leave your name with Reception and someone will call you back to assist with registering your child.

You need to register before you can use the service. If you are interested, contact Camp Australia on 1300 105 343 or <u>oshc@campaustralia.com.au</u>.

## FACE MASKS

Current advice from the Victorian Government on the wearing of face masks is available here:

#### https://www.coronavirus.vic.gov.au/face-masks.

It states:

- wearing a face mask can help protect you and those around you. Face masks stop droplets spreading when you talk, cough, sneeze and laugh, which lowers your chance of spreading or catching the virus
- this information is especially important for those who are medically at risk
- the advice also strongly recommends the wearing of face masks in indoor settings (noting that exceptions to the recommendation apply to teaching circumstances when clear enunciation or visibility of the mouth is essential)
- schools should communicate this advice clearly to staff, students and families
- household contacts attending school who are over 8 years of age are required to wear face masks indoors unless they have a valid exception. See updated close contact requirements below
- everyone including students aged 8 years and above must wear a face mask when travelling on public transport, taxis or ride share vehicles.



### PREP

#### 100 Days of Prep

On Friday August 5, the students in Prep AM and Prep RR celebrated 100 days of Prep. We had counted down the days by putting a sticker on a chart every day. Some children thought that they were going to go directly to Grade 1 after the 100th day of Prep and were slightly disappointed to learn that they had to stay in Prep till the end of the year. During reading and writing time we did activities related to 100, such as cutting out 100 words from magazines, writing down 100 different words on a chart and making a collage in the digits for 100. In mathematics we made groups of different amounts using 100 unifix blocks, make a domino show with dominoes and played Race to 100. Afterwards, Mr Smith came to help us make our portraits of what we will look like when we are 100 years old using paper and cotton wool to collage. In the afternoon we had a special assembly, so that the Prep students could do a mini parade and show the rest of the school their amazing outfits. They were each presented with a special certificate to mark the 100th day. Thanks to all who helped the teachers prepare resources for the day. Special thanks to the parents who helped by organising great costumes for their child. They were the cutest little old people in town!



Miss Richardson Prep RR and Mr Marchione Prep AM

### Bundoora Park Farm Excursion

On Monday 25 July, the students in Prep AM and Prep RR went on an excursion to Bundoora Park Farm. We went to the farm because we wanted to learn more about living things and what they need to survive. As part of our learning in Religious Education this term, we are learning about how to care for God's gift of Creation and visiting the farm helped us to understand this better too!

The weather was kind to us for most of the day. Lucky we all had our gumboots on as it was muddy. We participated in many activities including:

- a farm tour
- feeding many animals including cows, chickens, guinea pigs and sheep
- we had a lesson about living things in the farm classroom
- composting by scooping up and mixing animal poo and hay (it was very smelly)
- a tractor ride around the park and farm where we were able to see kangaroos and emus up close
- sowing broad bean seeds that we were able to take home.

The children had a fantastic time and were wonderful. Thank-you also to Mr Marra, Mrs Vicki, Mrs Doris and our school volunteer helpers Ms Judy and Ms Juanita for your support on the day.



Miss Richardson Prep RR and Mr Marchione Prep AM

### Work completed by our delightful Prep students

#### I SEE

- Mary MacKillop teaching the students (Yeshua)
- They are outside (Puyol)
- Mary MacKillop is reading a book to the children (Mason)
- Everybody is sitting in a circle (George)
- A big tree (Christella)
- Children are walking to the circle (Jacinta)
- The lady is wearing balck and white clothes (Mina)
- They are listening to Mary MacKillop (Savannah)

### I THINK

- Listening in the circle (Gabriella)
- They are learning (Jacinta)
- Mary MacKillop is teaching the kids (Marcus)
- Mary MacKillop is a nice person (Savannah)
- I think they're reading the bible (Yeshua)



### I WONDER

- I wonder if Mary MacKillop is teaching them to pray (Gabriella)
- I wonder why they're sitting in a circle (Charbel)
- I wonder... Maybe they are outside because they don't have homes (Puyol)
- I wonder where do they learn because they don't have a school. (Prisha and Savannah)

## STUDENT OF THE WEEK AWARD

### WEEK 4, TERM 3

Class	Student of the Week and Reason
Prep AM	Marcus Metti for his fantastic persistence learning his red words and finding these words in books as he reads. Well done Marcus!
Prep RR	Bella Nguyen for showing persistence and working hard to improve her speech. Well done Bella!
Year One JC	Athui Domar. We are very proud of all of the hard work that you have been able to do this term, you have shown a development in your Reading and Writing and with this have created a strong Persuasive Piece that has ensured that we give you homework. Keep up the amazing work!!
	Syreeta Moshe for showing an increase in all aspects of her learning, Syreeta you have shown a dedication in the way that you are able to read a text and make meaning from this. Keep up the amazing work!!
Year One MW	Ashur Yokhanna for setting 'Reading Goals' and successfully achieving them by continuously using reading strategies to reach these goals: Proving, if you put your mind to it - YOU CAN DO IT !
Year Two CY	Naya Hanna for showing persistence and working hard to improve her reading.
Year Two EM	Lila Vo for her continuous hard work and engagement in learning. You are an enthusiastic learner and have been writing some great persuasive texts! Congratulations Lila!
Year Three/Four SS	Marvin Goirges for his consistent effort and determination to improve his multiplication during maths lessons. Keep up the good work Marvin!
Year Three/Four SW	Raul Hermiz for his persistence and determination in writing goals. Well Done, keep up this great writing.
Year Three/Four EC	Lyan Alkaseer for her persistence and efforts in her multiplication and division. Great job Lyan!
Year Five/Six JR	Jessica Nguyen – Tran for being a self-managing learner who showed initiative in and outside the school. Keep up the good work!
Year Five/Six CM	Stella Khaie for always working hard to improve in all areas of her learning, especially in her reading. Well done Stella!
Year Five/Six DS	Carlos Antwan for putting a lot of care and detail into his essay this week! Well done Carlos
Year Five/Six MM	Luke Vo for his persistence towards his writing goals. Luke is always striving for excellence in all learning areas. Keep up the fantastic work Luke!

## NOTICES



#### Looking after your voice

Your voice is created in your "voicebox" in your throat. It happens when your vocal cords come together.

You can "feel" your voice if you put your hand on your throat and make a long sssss sound (no voice) then a long zzzz sound where you feel the vibration of your vocal cords coming together to form voice.

Think of your vocal cords like hands clapping. Noise, or voice is produced when they come together, just like when your hands clap. The harder you clap the more your hands hurt. The louder you yell the more damage you can do to your vocal cords. Other ways of damaging your vocal cords are frequent throat clearing, or making character voices or noises in your throat.

If you continue to use "bad" voice yelling and screaming you can get nodules forming on your vocal cords. This would be like having a bump on your hands that stopped them being able to come together when you clap

You need to look after your voice; Some hints are:

Have everyone on board with trying to always use good voice and monitor each other for when bad voice occurs.

- Identify the times you use bad voice and try to change that.
- Have small sips of water rather than clearing your throat.
- Avoid having too many medicated throat lozenges than can dry out your vocal cords.
- Get your friends and family to all monitor voice use and try to eliminate or reduce the times you use bad voice.
- Come up with a hand gesture for good voice (maybe thumbs up then V with your index and middle finger) and bad voice ((maybe thumbs down then V with your index and middle finger.
- Have a talking stick for the times when people are trying to talk over each other. Only the person with the stick should be speaking, allowing them to use good voice.

Teachers are considered to be professional voice users and also need to make sure they look after their voices.

Teachers and parents can be good role models for how to use good voice. Try to model good voice behaviours. Talk about what times should be quiet voice time (eg. Story time or homework time).

