

# Holy Child Primary School

# NEWSLETTER

Issue 16 | 20 October 2023

Aerhaba-Turkish  
Yiasas-Greek  
Ciao-Italian  
Namaste-Indian  
Xin-chào-Vietnamese Eirvual-Dunfa Kamusta-Filipino  
مرحب-Arabic أهلا-Arabic  
Kampa-Indigenous  
Bongu-Maltese Nola-Spanish

Welcome to this week's Newsletter.

Holy Child Primary School is the parish primary school of Dallas, which serves the suburbs of Coolaroo, Meadow Heights, Dallas, Upfield, Campbellfield, and parts of Broadmeadows.

The Josephite Sisters established Holy Child Primary School, Dallas, in 1965 (Parish Reg). The Josephite ethos of pastoral care and community involvement are the hallmark of the Holy Child community.

St. Mary MacKillop, in full, Saint Mary Helen MacKillop, also called Saint Mary of the Cross, (born 15 January 1842, Melbourne, Victoria, Australia - died 8 August 1909, North Sydney, New South Wales, Australia and canonized 17 October 2010. St Mary MacKillop's Feast Day is 8 August.

We are proud that Holy Child Primary was the first in Australia to start a children's Mary MacKillop group!

*Let us show this love in our acts bearing with one another, forgiving, and forgetting.*

– Mary MacKillop  
Australia's first Saint



## Upcoming Events

**Wednesday 18 October**

Prep Local Community Excursion

**Wednesday 25 October**

New Arrival Excursion to the Library

**Wednesday 13 December**

Year 6 Graduation

## A MESSAGE FROM THE DEPUTY PRINCIPAL

"Go out, therefore, to the streets, and invite to the marriage feast as many as you find."

[Matthew 22: 9]

Today, Jesus has included you and I as his chosen people. "Go out, therefore, to the streets, and invite to the marriage feast as many as you find." Anyone who hears the word of God and receives it with his whole heart is chosen for the Kingdom of God.

*How do we respond to God's invitation to His Kingdom? Do we receive it immediately and joyfully, or do we postpone our "Yes" to a more convenient day?*

Let us pray today:

*Dear Jesus, thank you for choosing us and for your persistent invitation. May we respond with a resounding yes to be a part of your Kingdom each day.*

*In your Holy name, **Amen.***

Regards,

Guy Toomey  
(Acting Principal/Religious Education and Faith Leader)



ALL children  
should be wearing hats during term 4.

If a new hat is required,  
it can be purchased from the Uniform Shop.

## STUDENT OF THE WEEK AWARD

Class Student of the Week *and* Reason

### Term 4, Week 2

Prep AM	<b>Samuel Baniya</b> for showing persistence by stretching out his sounds as he reads and learns his red words! Keep up the great work Samuel!
Prep RR	<b>Tracey Fiu</b> for demonstrating enthusiasm and engagement by listening and participating in the activities at the library on our Community Excursion
Year 1 JC	<b>Marcus Metti</b> for showing great persistence with every task that you are challenged with. Your commitment to your learning must be commended. Keep up the amazing work, I am extremely proud of you!!
Year 1 CY	<b>Vana Nguyen</b> for being a self-managing learner especially when writing your Persuasive texts. You put a lot of thought into your writing, and you love reading and understanding your Chapter books. Well done Vana
Year 2 EM	<b>Mira George</b> for being a persistent and creative learner. Mira you always work at your very best and are persistent in your learning which is always great to see. Keep up the great effort!
Year 2 SB	<b>Khai Minh Nguyen:</b> you have been successful in all aspects of your learning by asking the interesting questions, thinking about the topics and always excited and curious about the world around you. Congratulations on your achievements!
Year 3/4 SS	<b>Darcy Morton</b> for demonstrating excellent self-managing behaviour and trying your best in all areas of your learning. I am so proud of you, keep up the great work Darcy!
Year 3/4 SW	<b>Karik Nguyen</b> for persistence in persuasive writing. Well done also for demonstrating a high competence in his PAT-r results.
Year 3/4 EC	<b>Leo Nguyen</b> for demonstrating great persistence and determination in your learning. You have been working so hard in all areas of your learning. Congratulations on your achievements!
Year 5/6 JR	<b>Maldini Elias</b> for demonstrating fantastic growth in all areas of your learning. You have been working extremely hard in class and it is starting to show! Congratulations <b>Jacob Youkhana</b> for his fantastic work in his writing magazine, your passion for sports is highlighted through this work. Keep up the great work!
Year 5/6 MM	<b>Christian Pires</b> for Increasing your confidence and participation in class. It is awesome to see your personality and sense of humour starting to shine through. Keep it up Christian!
Year 5/6 CM	<b>Selina Nguyen</b> for working well with your group on your business plan and coming up with a great idea. Congratulations on your great presentation! <b>Danny Le</b> for outstanding academic achievement across all areas of the curriculum demonstrated through his testing this week. Well done, Danny, keep up the amazing work!
Year 5/6 DS	<b>Miguel Yacoub</b> for working really hard on his writing to include many details and self-edit. Well Done!! <b>Maryann Mikho</b> - For incredible growth in your reading assessments. Well Done!!



## Prep Community Excursion

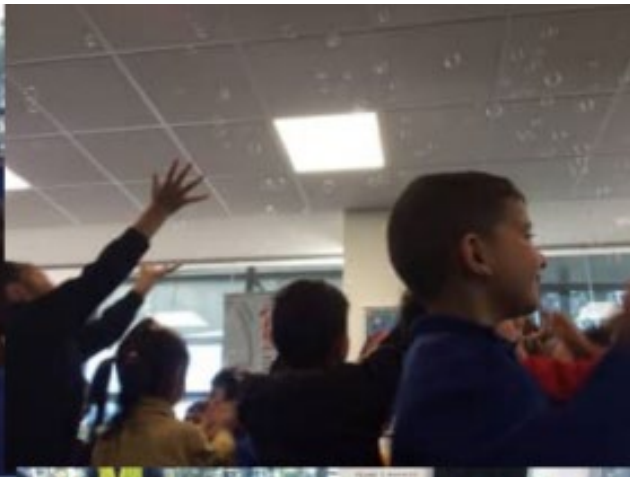
On Wednesday October 18, the Preps went on an excursion to explore the local community. Our first stop was to visit the Broadmeadows Library at the Global Learning Centre. The students thoroughly enjoyed listening to stories, read by Beck the librarian and singing songs. They made bear headbands after listening to the story, *Brown Bear Brown Bear What Can you See?* Afterwards, we separated into two groups to program Bee-Bots to move them around on the carpet and have a tour of the library to see all the things they have there. Then we went for a walk to see where the Hume council staff work and where the mayor has meetings about the community. We saw the police station, shopping centre and train station on our walk. Then we got back on the bus and went to the viewing area at Melbourne Airport, where we saw planes taking off and landing. Our day ended in the sunshine at Jack Roper Reserve, where we saw the ducks and swans on the lake and played on the amazing playground. The Preps send heartfelt thanks to everyone who helped make our Community Excursion a success, including Beck and Megan (from the library), Mrs Vicki, Mrs Chandrika,

Mr Alex, Mr Chris, Ms Judy, Sawsan and Mr Marchione.

Written by Miss Richardson









**Australia will celebrate the teaching profession on World Teachers' Day on Friday 27 October 2023.**

Let's celebrate Australia's teachers for their skilled work in educating, inspiring and supporting our students.

Hats off to teachers this World Teachers' Day!

# NOTICES

GATES OPEN 8:30AM  
GATES CLOSE 3:40PM



**School begins** 8:45am sharp



**Lunch** 10:50am to 11:40am



**Recess** 1:40pm to 2:15pm



**School ends** 3:20pm

Children playing outside the school grounds, before and after school, are not supervised until 8.30am before school and up to 3.40pm after school. Many children are going to the Jack Culpin Car Park\Reserve and Gibbs Reserve, before and after school, to wait for their parents' drop-off and pick-up. We are not able to supervise your children in these areas.

Please ensure that your children are collected from the School Grounds in Area 1. If your child is not collected by 3.40pm they are to be collected from the Reception Foyer.

## SUNSMART

Australia has one of the highest rates of skin cancer in the world.

In Victoria, from September through to the end of April, average UV levels are 3 and above, which is when UV radiation can damage skin and eyes and lead to skin cancer. When the UV Index is 3 and above:

1. **Slip on sun-protective clothing.**
2. **Slop on SPF30+, broad-spectrum, water-resistant sunscreen; put it on 20 minutes before you go outdoors and every two hours afterwards.**
3. **Slap on a hat that protects your face, head, neck, and ears.**
4. **Seek shade.**
5. **Slide on some sunglasses - make sure they meet Australian Standards.**

Holy Child is a SunSmart School, and we enforce **NO HAT NO PLAY**.

Children must wear the school hat during the break times at school.

## FOOD AND DRINK

### During warmer weather, DRINK MORE WATER

As the weather warms up it is important that our children drink regularly.

Children will need a clearly named and refillable drink bottle.

Please do not send food that needs re-heating.

Due to health and safety, we are unable to heat children's food at school.

### During cooler weather

As the weather cools, ensure children are appropriately dressed for cold rainy days and if they are wearing a beanie or gloves that they are navy blue or black.

Beanies are available for purchase at the school.





## Outside School Hours Care

at Holy Child Primary School - Dallas

At Camp Australia, we provide tailored enrichment to children before school, after school and on their holidays. Our engaged educators foster a safe, inclusive environment where the children can relax, have fun and grow.

To find out more information on Holy Child Primary School - Dallas's fees and policies, visit <https://www.campastralia.com.au/schools/details/A3E3>

Fees accurate as of February, 2023

### Fees and Times

Program	Times	Recurring (full Fee)	Recurring (after max. CCS*)	Casual (full Fee)	Casual (after max. CCS*)
Before School Care	06:45 AM - 08:45 AM	\$20.66	\$3.10	\$23.66	\$6.10
After School Care	03:15 PM - 06:00 PM	\$28.34	\$4.25	\$31.34	\$7.25

Program	Times	Early (full Fee)	Early (after max. CCS*)	Late (full Fee)	Late (after max. CCS*)
Rocketeers Vacation Care	06:30 AM - 06:00 PM	\$60.00	\$9.00	\$70.00	\$19.00

#### Casual Bookings

Casual Booking notice: none  
 Casual Cancellation notice: 2 days in advance  
 No minimum number of bookings

#### Rocketeers Late Booking Fee

Late booking fee applies if a booking is made with less than 7 day's notice. Bookings made at least 7 days in advance of the session day are charged the early fee.

#### Child Care Subsidy\* (CCS)

The Child Care Subsidy can provide up to 85% off your fees. Your eligibility is determined by your family's annual adjusted taxable income, the type of childcare you use, and your activity level. To find out if you're eligible, contact Centrelink on 13 61 50.

#### Recurring Bookings

Recurring Booking notice: 48 hours in advance  
 Recurring Cancellation notice: 7 calendar days in advance  
 Minimum number of 2 bookings made at the same time, as recurring booked days over 2 or more weeks.

#### Sick child? No charge

No matter the cancellation rules, we operate a standing policy that there is no charge for a sick child. Simply let us know when cancelling a booking outside the cancellation window, provide a doctor's certificate and there will be no fee charged.

Your  
OSHC.

Book now: [www.campastralia.com.au](http://www.campastralia.com.au)



Details of all fees, terms and conditions are available at [www.campastralia.com.au](http://www.campastralia.com.au)  
 Need Help? Our Customer Care Team are available 5am-9pm AEST on 1300 105 343



## The Importance of Cognitive Load Theory (CLT)

**What is Cognitive Load Theory (CLT)?** CLT is how much information our brain can hold while performing a task.

Three types of cognitive load:

- **Intrinsic load (Manage):** Refers to the level of difficulty of a task for a particular student. It is influenced by how much a student must learn, their prior knowledge about the task and the amount of information they will have to hold in their brain during the task. A student can hold between 3-7 bits of information at a time in their brain. The more bits of information a student stores in their long-term memory, the easier the task will be. Teachers aim to manage how easy the task is by linking back to prior knowledge and simplifying new material.
- **Extrinsic load (Reduce):** Refers to additional bits of information that are not necessary for learning a new task. This can be due to poorly structured learning material and unnecessary details. For example, funny memes, flashy animations, background noise, or anything else that does not directly contribute to learning. Therefore, the goal is to ensure distractions are reduced as much as possible to improve learning.
- **Germane load (Increase):** Refers to combining newly learnt information with existing knowledge, the aim is to encourage this. For example, by using prompts to help students recall certain information, such as, "Remember when we learnt about ... on Monday." If the intrinsic and extrinsic load are great then it leaves the germane load less room and there will be a mental overload and therefore very little learning will occur.

### What can you do at home to reduce cognitive load and improve learning?

- Simplify vocabulary when teaching your child something new.
- When teaching new tasks, use examples as much as possible and slowly reduce your support as your child gains independence.
- Break down a task into smaller, simpler tasks with focus on learning as opposed to getting it right.
- Avoid unnecessary background noises when your child is learning/ doing homework.
- Avoid learning material that has a lot of unnecessary additional detail for example, lots of flashy animation, funny memes.
- Books read at home should have consistent and easy to read traditional fonts i.e., no fancy fonts.
- When giving your child a spoken instruction, say it and show him/her at the same time if possible.
- Images being used to teach a new task should be as self-explanatory as possible.
- Avoid presenting written work and images at the same time. The best way is to show images only and talk about them, unless presenting one without the other does not make clear sense.
- Provide support where necessary through cues such as visuals etc.

#### Reference

Lovell, O. (2020). *Sweller's Cognitive Load Theory in Action*. John Catt Education Ltd. Melton, Woodbridge.





**KOLBE CATHOLIC COLLEGE**  
GREENVALE



# COLLEGE TOUR

Thursday **9 November** at **5:30pm**

We are delighted to invite you into our College to meet the Principal and tour our facilities.

**Register online now**



scan me

**[www.kolbecc.catholic.edu.au](http://www.kolbecc.catholic.edu.au)**



# 2023 SUMMER CAMP

DATE **17TH  
OCTOBER**

AGE GROUP

**BOYS & GIRLS  
7 - 12 YEARS OLD**

Camp Venue

**GIBB RESERVE**  
185-225 Blair St, Dallas

← Registration Link

**GIRLS  
JOIN  
FOR  
FREE**



INFO@UPFIELDSC.COM.AU



@UPFIELDSCCLUB



CALLING  
BALLERS

 **SATURDAY  
DEVELOPMENT  
PROGRAM -  
BRUNSWICK JUVE X  
STRIKE SOCCER (TERM  
4)** 

**OPEN  
TO ALL**

**WHERE**

**WHEN**

-   AGES 6-14
- ALL SKILL LEVELS WELCOME!

 MCDONALDS RESERVE,  
66 BELL STREET, COBURG

 TIME: 10:30 AM - 11:30  
AM

 OCTOBER 7TH -  
DECEMBER 17TH  
STARTING FROM \$125.00



**Glenroy  
Neighbourhood  
House**



# Parent & Guardian Carers Support Group

1st Thursday of the Month

9.30am to 11.30am

Peer-to-Peer Support

Professional Speakers

Workshops

Access to Resources

Connection to Local Supports and Services

Come along to connect, increase your knowledge and allow yourself some time to look after your own wellbeing, recharge and learn how to practice selfcare.



\*Scan the QR code to register attendance

5B Cromwell St, Glenroy  
[www.gnh.org.au](http://www.gnh.org.au)  
9304 3910



**Glenroy  
Neighbourhood  
House**



# NDIS Information Session

Wednesday 1st November

7pm to 8.30pm

Presented by the  
Brotherhood of St Laurence

Find out more about the NDIS, the roles of a Local Area Coordinator (LAC), Support Coordinator, Support Worker and other roles involved within the NDIS.

Register Attendance Online:



5B Cromwell St, Glenroy  
[www.gnh.org.au](http://www.gnh.org.au)  
9304 3910



Delivering the NDIS in your community



**Glenroy  
Neighbourhood  
House**



# NDIS Information Session

Thursday 2nd November

1pm to 2.30pm

Presented by the  
Brotherhood of St Laurence

Find out more about the NDIS, the roles of a Local Area Coordinator (LAC), Support Coordinator, Support Worker and other roles involved within the NDIS.

Register Attendance Online:



5B Cromwell St, Glenroy  
[www.gnh.org.au](http://www.gnh.org.au)  
9304 3910



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