
HELLO

DEPUTY PRINCIPAL'S MESSAGE

Ash Wednesday, which celebrates the start of Lent, calls us to a more courageous engagement with reality. That is why, when we receive ashes, we often hear the words 'remember you are dust and to dust you will return.' That is our truth.

It is easy to look at the state of the world and descend into blame and indignation. Sure, there are many things that are desperately troubling. Wars, poverty and environmental concerns being part of a long list. But who among us has the courage to own up and respond to the question, 'What's wrong with the world?,' by answering 'I am.'

Don't misunderstand. We are mostly good people, doing our best to love and serve each other. But we would sell ourselves short if we left the future of Earth to others who we thought were more to blame. Ash Wednesday asks us to look at the world and our part in it. Every year, we begin our journey to Easter with Jesus's advice to go into our private room, wherever that may be, and encounter the Lord one on one. Christianity, unlike so much else in the world, has little time for self-marketing.

Ash Wednesday is 'Day One' of our Lenten journey. God's invitation to 'Come back to me with all your heart' is also an invitation to leave our private room and step into a world in urgent need of our love and honesty. St Paul says, 'Now is the favourable time.' We can make the most difference when we are most truly ourselves.

God bless you all as we journey through this Lenten season,

With warm regards,

Guy Toomey

Deputy Principal/RE Leader

STUDENTS OF THE WEEK

Prep EC	Liam Moradi for giving everything a go and trying so hard in all your tasks in your first couple of weeks of school. You have been displaying great determination! Well done, Liam!
Prep AM	Elbrone Mamo for your enthusiasm across all areas of learning at school. Keep up the amazing effort Elbrone!
1KA	Shamiram Youkhana: Shamiram has shown incredible perseverance and dedication in her work, particularly in her reading journey, progressing from level 12 to level 28. She truly sets an excellent example for others. Well done, Shamiram!
1KF	Leona McGregor: Leona has demonstrated remarkable determination and continues to work hard in the classroom, especially in her reading journey, she is a true inspiration and sets a fantastic example for others. Awesome work Leona!
2BD	Serdar Ilhan for being an active participant during whole class learning and during focus group learning. Well done, Serdar, keep up the great work!
2B	Diana Lay for being a self-managing learner and demonstrating great improvements in all areas of learning.
3/4 CM	Gabriella Gambin for showing a willingness to learn and a can-do attitude. Gabriella has been persistent in her learning and tries her best in all areas. Well done, Gabriella!
3/4 JC	Marvin Mansour for showing a can-do attitude in all areas of your learning. You have persisted in creating a persuasive with the PEPS model. Keep up the amazing work!! Ashur Yokhanna for displaying a strong commitment in our mathematical topics of addition and subtraction. You have excelled in your leadership helping those who need it. Keep up the amazing work!!
3/4 SM	Gizelle Kula for consistently and competently being a self-aware learner. You plan and organise your tasks to move forward with a positive mindset. Congratulations! You inspire us.
5/6 JR	Annabella Khaie for being a persistent learner who tries her best in all learning areas. Keep up the great work Annabella!
5/6 MM	Beren Ilhan for being a cooperative, caring and enthusiastic student, working well in class. Well done, Beren!
5/6 SW	Veli Bahar for working diligently and creating wonderful report on Poland. Well done, Veli
LOTE	Kayla Yousif for your excellent contribution in class when using gestures to help us learn new Italian words. Well done / Brava Kayla! 2 DS

2025 Student Representative Council



We are proud to announce our 2025 Student Representative Council for Holy Child Primary School. An election was held in each class to vote for two representatives. The candidates wrote and presented speeches to their class. Each member was voted in by their class peers. They will proudly represent their class and model the school student values of RESPECT, GENEROSITY and KINDNESS.

Grade	Representative
1KA	Shamiram Youkhana & Carlos Imad
1KF	Khanel Esho and Leona McGregor
2DS	Shanel Barnados and Aisen Salim
2SB	Delpiero Elias & Engin Ilhan
3/4 JC	Christian Hanna & Chanel Elyas
3/4 SM	Sophia Thapa & Dilon Danial
3/4 CM	Christopher Williamson & Jonathan Mesho
5/6 SB	Di Mariono Younan & Aleen Alwensi
5/6 MM	Ashley Isho & Edan Truong
5/6 JR	Marcus Antwan & Andy Phan

CHESS CLUB

Every Friday from 11:00 to 11:30am any person that has signed up for chess club comes to Ms Previterra's room and learns how to play chess. People from each class can attend Chess club. Chess club is an experience that I will never forget because the people that I met there were playing fair, and they were nice to play against. At the end Miss Melissa gave us each a free Pokémon card.

Andy Pham

I really like Chess Club because it is a fun game. I get to verse my friends. You have to work out which piece to move.

Marcella Hawel

I joined Chess Club because I want to get better, and it is a good way to develop knowledge and thinking. It is a good board. It is a game of respect because we shake hands at the end.

Khai Nguyen

I enjoy Chess Club because my cousin taught me how to play and I want to try it again. I like to play against other people and i get smarter and smarter in playing Chess.

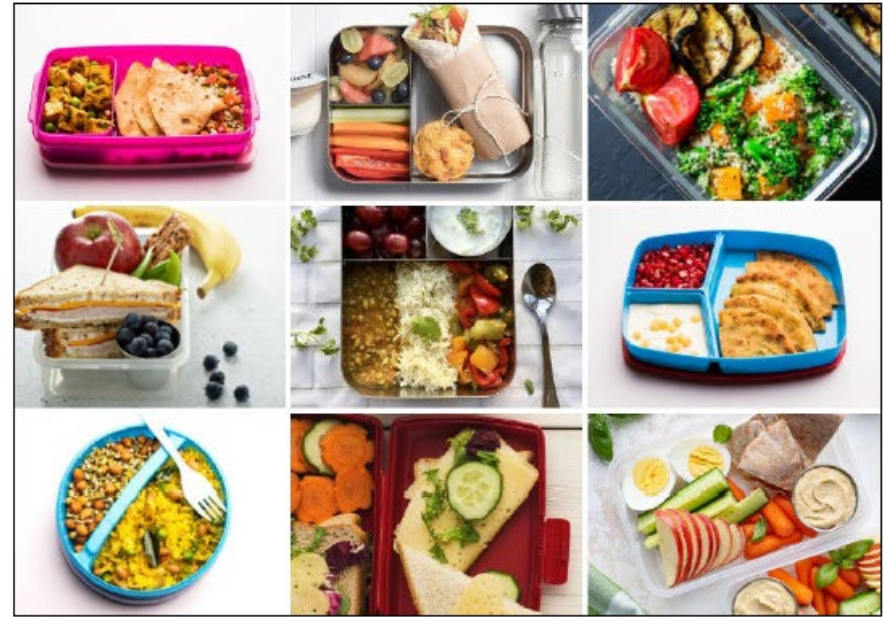
Puyol Butruss



HEALTHY LUNCHBOXES

Build Your Own Healthy Lunchbox

The image shows a lunchbox divided into sections containing: a tub of yogurt, cucumber and tomato slices, strawberries, a sandwich, a small pizza, and a hard-boiled egg. A water bottle is placed next to it. Labels identify the food groups: Vegetables, Fruits, Dairy and Alternatives, Grain and Cereal Food, Meat and Protein Alternatives, and Water.



CREATE A FUN LUNCHBOX EVERY DAY - CHOOSE SOMETHING FROM EACH FOOD GROUP

Fruits	Vegetables	Dairy and Alternatives	Water
<ul style="list-style-type: none"> Apple Banana Mandarin Fig Berries Fruit salad Tinned fruit in juice, not syrup 	<ul style="list-style-type: none"> Soups and lentil curry (pre heat in flask to keep it warm for lunch) Raw or lightly steamed vegetable sticks (carrot, capsicum, cucumber) Steamed or grilled corn cobs Salad with a creamy dressing 	<ul style="list-style-type: none"> Milk No-added sugar yogurt (frozen overnight) Cheese cubes Tatiki dip Cottage cheese Calcium fortified soy milk 	<p>Take a water bottle (for refilling throughout the day). TIPS: Freeze overnight to keep foods cool in lunchboxes</p>
<ul style="list-style-type: none"> Flat bread and meat Pasta dishes 	<ul style="list-style-type: none"> Noodles Rice, quinoa or couscous Fruit loaf Homemade pizza Wholemeal (brown) bread 	<ul style="list-style-type: none"> Meat and Protein Alternatives Grilled meats with the extra fat removed (eg. beef, chicken) 	<ul style="list-style-type: none"> Tinned tuna or salmon Lentil or veggie burgers (falafel) Boiled eggs Hummus dip Tofu

Curries, soup and stews mix many of the above food groups, they are healthy lunchbox options.

For more healthy eating information call 1300 234 263 to make an appointment with a DPV Health Dietitian or visit <https://www.health.vic.gov.au/schools/healthy-lunchboxes> for lunchbox ideas.

Tips for Planning a Healthy Lunch Box

- Freeze tubs of yogurt or water bottles to help keep food cool until lunch time on warm days.** Make sure children can open their lunch box and containers by themselves. This will ensure they have enough time to eat their snacks and lunch and do not have to wait for help from others.
- Water is the best drink for your child.** Encourage your child to drink a whole bottle during the day. They need to stay hydrated so they can focus and learn in class.
- Prepare school lunches the night before;** it gives you time to talk about the foods you're including and makes the morning routine quicker. Give it a go!
- Look after the environment;** pack sandwiches and other items in reusable containers. This requires less packaging and creates less rubbish.
- Try and buy fresh fruit and vegetables in season;** they will be better quality and cheaper than out-of-season produce.
- Remember to involve your children.** Take them shopping and let them help choose fruits and vegetables for their lunchbox. Let them help prepare and pack their own school lunchbox.
- Plan family dinners for the entire week** and do one big grocery shop at the start of the week; it's cheaper than going to the supermarket every night to buy ingredients for dinner.

DPV Health offers a range of services for the health and wellbeing of your child and your whole family. To access our services or for more information, call us or visit our website.

1300 234 263
dpvhealth.org.au

صناديق الغذاء الصحية

Arabic | عربي

أفكار جديدة لوجبة الغذاء المدرسية

منتجات الألبان والبدائل

الخضروات

الماء

بدائل اللحوم والبروتينات

المحقة النباتية

الفاكهة

هذه الوجبات لوجبة الغذاء المدرسية هي مجرد اقتراحات. يرجى الاستشارة في إعداد الوجبة التي ينسجم بها طيفك وتفضيلك من أجل التعلم والتعبير.

نشاط: ارسم أطعمتك المفضلة لوجبة الغذاء المدرسية

ارسم المأكولات المطابقة لكل مجموعة طعام مدرجة في قائمة وجبة الغذاء المدرسية.

يطلب الكاري والخضار والخبز العادي من مجموعات الطعام. وهي خيارات رائعة لوجبة الغذاء المدرسية.

للمزيد من المعلومات حول الأكل الصحي، اتصل على الرقم 1300 234 263 عبر موقع جود هيلث أو اكتب لنا رسالة إلكترونية لدى DPV Health.

قم بزيارة Good Food for Health للحصول على قائمة الأكل الصحي التي يمكنك استخدامها عند اختيار وجبة الغذاء المدرسية المناسبة.

Good Food for Health

بدائل اللحوم والبروتينات

الخضروات

الفاكهة

المحقة النباتية

منتجات الألبان والبدائل

dpvhealth.org.au

نصائح لإعداد وجبة الغذاء المدرسية

قم بإعداد وجبات الغذاء المدرسية في الليلة السابقة. فهي تتيح الوقت لتسليمها. أوجز الأطعمة التي تفضلها. اجمع الوجبة وتجهز وجبات التسليم. أسرع حينها حول إعداد الخبز من الوجبات المدرسية مسبقاً. اجعلها جاهزة في الليلة التالية من إعدادها كل صباح.

قم بتجديد قائمة التبرعات أو على بكرة الطعام حتى وقت إعداد الوجبة في الأيام القادمة. تأكد من أن الأطفال يحكمون على صندوق الهدايا والتبرعات بأنفسهم. سيسمح ذلك لصنعهم على وقت تالي لتناول وجباتهم الخفيفة والغذاء وعدم الاضطرار إلى طلب المساعدة من الآخرين.

خطوة لتعداد غذائي طوال الأسبوع وهم يتناولون مستلزمات العشاء. تخمض أسبوعاً مرة واحدة تكفي لتسبوع. يمكنك ارتضى من الخبز إلى السوبرماركت كل ليلة لتناول وجبات وصية العشاء.

الماء هو أفضل مشروب لتقليل شبع طفلك على شرب راحة كافية خلال النهار. فهو يحتاج إلى المزيد من الماء. يحتاج حتى يتمكن من التركيز والتعلم في الفصل.

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جرب واشترى الفاكهة والخضروات الطازجة في موسمه. ستكون ذات جودة أفضل وأرخص من المنتجات عبر الإنترنت.

تذكر أن تشرك أطفالك، اصطحبهم للتسوق معهم ويساعدوك في اختيار الفواكه والخضروات التي يأخذونها معهم إلى المدرسة. دعهم يساعدون في تحضير وجبة الغذاء المدرسية الخاص بهم وتعبئتها.

تقدم DPV Health مجموعة من الخدمات لصحة ورعاية طفلك، وعائلتك. اجعلها للوصول إلى خدماتنا أو للمزيد من المعلومات، اتصل بنا أو قم بزيارة موقعنا الإلكتروني.

DPV Health

1300 234 263
dpvhealth.org.au

HUB

HUB CLASSES

All hub classes are free and all people are welcome
 كل البرامج التي يقدمها المركز الاجتماعي مجانية كل الناس مرحب بهم
 Tất cả các lớp học đều miễn phí và chào đón mọi người



MONDAY

English Tutoring
Skills for Life
مدرس خصوصي لغة الانجليزية للكبار
Dạy kèm tiếng Anh cho người lớn
9 - 10

- WEEK 3 1/2 VALENTINE'S DAY**
CRAFT AND MEDITATION
WEAR RED
- WEEK 4 18/2**
CHI AND PAINT
- WEEK 5 25/2**
KARAOKE
- WEEK 6 4/3**
INTERNATIONAL WOMEN'S DAY
DANCE PARTY
WEAR: PURPLE, GREEN, AND WHITE
- WEEK 7 11/3**
HARMONY DAY
GAMES DAY
WEAR: ORANGE
- WEEK 8 18/3**
EXCURSION
FAMILY FUN DAY AT ANZAC PARK IN
CRAIGIEBURN TO CELEBRATE
INTERNATIONAL WOMEN'S DAY
WEAR: PURPLE, GREEN, AND WHITE
- WEEK 9 25/3**
MOVIE DAY
CELEBRATE TERM 1 END

TUESDAY

Playgroup 0-5
مجموعه ألعاب
Chơi nhóm
9:30 - 11:30

NEW! Wellbeing Space
مساحة للرعاية الذاتية
Không gian tự chăm sóc
1 - 3

NEW! INFORMATION SESSION
Parents Supporting
Student safety online
دعم الوالدين
سلامة الطلاب على الانترنت
4th April 9:15 - 11:15

Family Support
With Van and Melissa
دعم الأسره وانخفاض الخدمات
Hỗ trợ gia đình
1:30 - 3:15

WEDNESDAY

NEW! Everyday English
and Digital Skills
مهارات اللغة الإنجليزية والكمبيوتر اليومية
Tiếng Anh hàng ngày và kỹ
năng máy tính
9:15 - 12:15

Volunteer Sewing Alteration
برنامج الخياطة وتصليح الملابس
Sửa quần áo
1:30 - 2:30

Parents Chat & Coffee
يتحدث الآباء ويتناولون القهوة
Cha mẹ Trò chuyện và cà phê
2:30 - 3:30

THURSDAY

Supported Playgroup 0-5
مجموعه ألعاب
Nhóm chơi được hỗ trợ
9:30 - 11:30

Cooking Class
دروس تعلم الطبخ
Lớp học nấu ăn
9:15 - 12:15

Family Support
With Van and Melissa
دعم الأسره وانخفاض الخدمات
Hỗ trợ gia đình
1:30 - 3:15

FRIDAY

NEW! Sign Up Day
Before and After School Care
يوم التسجيل
الرعاية قبل وبعد المدرسة
Ngày đăng ký
Chăm sóc trước và sau giờ học
7th & 14th February
9 - 10

Volunteer Today
المساعدة من خلال العمل التطوعي
tình nguyện giúp đỡ
Help Others and Learn new skills

- Classroom Helper
- Help Teachers On Excursions
- Raise Money
- School Events

Walk To School Assembly
المشي إلى تجمع المدرسة معاً
Cùng nhau đi tới hội trường
Every 2 weeksat 2:25



GATES OPEN 8:30AM
GATES CLOSE 3:40PM



School begins 8:45am sharp



Lunch 10:50am to 11:40am



Recess 1:40pm to 2:15pm



School ends 3:20pm

Children playing outside the school grounds, before and after school, are not supervised until 8.30am before school and up to 3.40pm after school. Many children are going to the Jack Culpin Car Park\Reserve and Gibbs Reserve, before and after school, to wait for their parents' drop-off and pick-up. We are not able to supervise your children in these areas.

Please ensure that your children are collected from the School Grounds in Area 1. If your child is not collected by 3.40pm they are to be collected from the Reception Foyer.

SUNSMART

Australia has one of the highest rates of skin cancer in the world.

In Victoria, from September through to the end of April, average UV levels are 3 and above, which is when UV radiation can damage skin and eyes and lead to skin cancer. When the UV Index is 3 and above:

- **Slip** on sun-protective clothing.
- **Slop on** SPF30+, broad-spectrum, water-resistant sunscreen; put it on 20 minutes before you go outdoors and every two hours afterwards.
- **Slap** on a hat that protects your face, head, neck, and ears.
- **Seek** shade.
- **Slide** on some sunglasses - make sure they meet Australian Standards.

Holy Child is a SunSmart School, and we enforce **NO HAT NO PLAY**.

Children must wear the school hat during the break times at school.



FOOD AND DRINK

During warmer weather, DRINK MORE WATER

As the weather warms up it is important that our children drink regularly.

Children will need a clearly named and refillable drink bottle.

Please do not send food that needs re-heating.

Due to health and safety, we are unable to heat children's food at school.

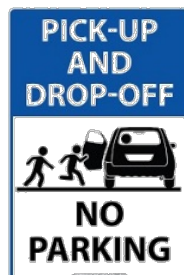
During cooler weather

As the weather cools, ensure children are appropriately dressed for cold rainy days and if they are wearing a beanie or gloves that they are navy blue or black.

Beanies are available for purchase at the school.

Parent Parking

- This is a reminder for all parents that the parking at the front of the school is to be used for drop off and pick up only.
- No cars should be parking there for more than 10 minutes allowing enough time to pick up or drop off your children.
- You should **not** be parking in the disabled parking bay, nor should you be parking in front of the gate. The gate needs to be clear at all times for emergency access.



Holy Child Primary School is a Smoke-Free Zone



Parent Parking

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Picking up children early



Dear Parents / Guardians / Carers,

Due to staff shortages, we strongly discourage you from collecting your children during these break times:

- first break, which is between 11am until 11.40am
- second break, which is between 1.40 pm until 2.20pm
- after 3:00 pm, unless it is an emergency.

Please note that if you do show up during break times, you will need to wait until children return to their classrooms.

Please understand that staff will be unable to help you until the children have returned to their classrooms.

Thank you for your understanding and cooperation.

Alan Smith,
Principal



OUTSIDE SCHOOL HOURS CARE

Holy Child Primary School, Dallas

Register Now by scanning the code

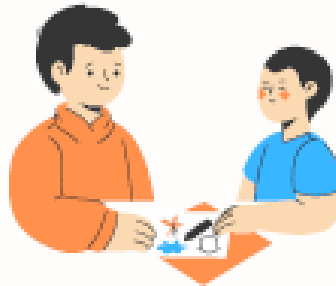


Program	Times	Permanent (Full Fee)	Subsidy Rebate 90%	Casual (Full Fee)	Subsidy Rebate 90%
Before School	6:45AM - 8:45AM	\$24.20	\$2.40	\$29.20	\$2.90
After School	3:30PM - 6:30PM	\$33.20	\$3.30	\$38.20	\$3.80



VOLUNTEER AT YOUR SCHOOL

- **Help students in classrooms**



Share your skills

- **Help teachers on excursion**



Help others

- **Work together for school events**



Practice English with friends

- **Fundraising**



Help your school

Miss Melissa will

- **Give you training**
- **Answer your questions**
- **Support you**



WELCOME TO ALL

PLAY GROUP

0 - 5 YEARS OLD



What is Playgroup for?

- For children to learn the skills needed for kindergarten
- Get friendly help from the teacher
- Build fun memories with your children
- Meet other parents and grandparents like you

لماذا Playgroup ما هو؟

- ليتعلم الأطفال المهارات اللازمة لرياض الأطفال
- احصل على مساعدة ودية من المعلم
- بناء ذكريات ممتعة مع أطفالك
- تعرف على آباء وأجداد آخرين مثلك

Oyun Grubu ne içindir?

- Çocukların anaokulu için gerekli becerileri öğrenmeleri için
- Öğretmenden dostane yardım alın
- Çocuklarınızla eğlenceli anılar yaratın
- Sizin gibi diğer ebeveynler ve büyükanne ve büyükbabalarla tanışın

Nhóm chơi được sử dụng để làm gì?

- Để trẻ có thể học được những kỹ năng cần thiết trước khi vào mẫu giáo
- Nhận sự giúp đỡ thân thiện từ giáo viên
- Xây dựng những kỷ niệm vui vẻ với con bạn
- Gặp gỡ các bậc cha mẹ và ông bà khác giống như bạn



TUESDAY

9:30 - 11:30 AM

With Maysoon



Community Hub

9309 1620



227 Blair Street Dallas

Practice for the test

This class will help prepare you for the Australian citizenship test by learning about Australia's government, laws, and people.

سيساعدك هذا الفصل في إعدادك لاختبار الجنسية الأسترالية من خلال التعرف على حكومة أستراليا وقوانينها وشعبها.

Lớp học này sẽ giúp bạn chuẩn bị cho kỳ thi quốc tịch Úc bằng cách tìm hiểu về chính phủ, luật pháp và con người Úc.



Tell us your name and phone number if you are interested.

**Ask for Melissa or Van
9309 1620**



PARENTS AND CARERS ONLINE SAFETY SESSION

NEW WAYS TO KEEP CHILDREN SAFE ONLINE

Are you concerned about your child's online safety? Do you want to learn how to protect them in the digital world?

What You will Learn:

- Understanding the digital world and the risks
- Ways to monitor and guide your child's activities online
- How to set up parent controls
- Encourage safe online habits

Bạn có lo ngại về sự an toàn của con bạn khi trực tuyến không? Bạn có muốn tìm hiểu cách bảo vệ chúng trong thế giới kỹ thuật số?

Bạn sẽ học được gì:

- Hiểu biết về thế giới kỹ thuật số và những rủi ro của nó
- Cách theo dõi và hướng dẫn hoạt động của con bạn trên Internet
- Cách thiết lập quyền kiểm soát của phụ huynh
- Khuyến khích thói quen trực tuyến an toàn

هل أنت قلق بشأن سلامة طفلك على الإنترنت؟ هل تريد أن تتعلم كيفية حمايتهم في العالم الرقمي؟

ماذا ستتعلم:

- فهم العالم الرقمي ومخاطره
- طرق مراقبة وتوجيه أنشطة طفلك على الإنترنت
- كيفية إعداد الضوابط الأبوية
- تشجيع العادات الآمنة على الإنترنت

Why Attend?

- Take for yourself the knowledge to keep your child safe online
- Get expert advice from online safety professionals
- Connect with other parents and share experiences

Tại sao lại tham dự?

- Trang bị cho mình những kiến thức để con bạn an toàn trên mạng
- Nhận lời khuyên chuyên môn từ các chuyên gia an toàn trực tuyến
- Kết nối với các phụ huynh khác và chia sẻ kinh nghiệm

لماذا الحضور؟

- زود نفسك بالمعرفة اللازمة للحفاظ على أمان أطفالك على الإنترنت
- احصل على مشورة الخبراء من خبراء السلامة عبر الإنترنت
- التواصل مع أولياء الأمور الآخرين وتبادل الخبرات

Day:
Tuesday 4th
March

Time:
9:15am - 11:15am

Where:
Hub



Snacks, coffee and tea provided



MERCY COLLEGE ABSTRACT EXPLOSION ART PROGRAM FOR GIRLS IN YEARS 4 TO 6

An exciting four week art program where students will be creating an abstract painting as a way of understanding various painting techniques.

WHEN

WEDNESDAY 5, 12, 19, 26 MARCH 2025, 4.00PM - 5.00PM

WHERE

MERCY COLLEGE
760 SYDNEY ROAD COBURG 3058 (ENTRY VIA GATE 1)

COST

\$20.00

BOOK NOW

<https://events.humanitix.com/AE2025>



AUTUMN SCHOOL HOLIDAY PROGRAM

WEEK 1

TUESDAY 08 APRIL 2025:

Arcade Central

Time: 2pm – 5pm

Age: 12 – 18

Location: Youth Central

33–37 Pearcedale Parade, Broadmeadows

Bookings and Walk-ins welcome

WEDNESDAY 09 APRIL 2025:

Make Your Own Terrariums and Art Creations

Time: 11am – 2pm

Age: 10 – 14

Location: Kalkallo Community Centre

33 Toyon Road, Kalkallo

Bookings Required

THURSDAY 10 APRIL 2025:

Chill & Paint

Time: 1pm – 4pm

Age: 12 – 18

Location: Craigieburn Youth Centre

59 Craigieburn Road, Craigieburn

Bookings and Walk-ins welcome

Facilitated in partnership with Carer Gateway

FRIDAY 11 APRIL 2025:

Podcast 101 Workshop: Intro to Podcasting

Time: 2pm – 4pm

Age: 15 – 20

Location: Youth Central

33–37 Pearcedale Parade, Broadmeadows

Bookings Required

Facilitated in partnership with SYN Radio

WEEK 2

MONDAY 14 APRIL 2025:

Dessert Creations

Time: 1pm – 4pm

Age: 10 – 14

Location: Roxburgh Park Youth Centre

75 Lakeside Drive, Roxburgh Park

Bookings Required

TUESDAY 15 APRIL 2025:

Car Maintenance Workshop

Time: 3pm – 5:30pm

Age: 16 – 24

Location: Sunbury Youth Centre

51–53 Evans Street, Sunbury

Bookings Required

Supported by the Victorian State Government

WEDNESDAY 16 APRIL 2025:

Mario Kart and Mini Games Competition

Time: 1pm – 4pm

Age: 12 – 18

Location: Sunbury Youth Centre

51–53 Evans Street, Sunbury

Bookings and Walk-ins welcome

Storm Waka School Holiday Program

WEEK 1

Monday 7, Tuesday 8 and Wednesday 9

Time: 10am – 3pm

Age: 12 – 14

Location: Rugby League State and Community Centre

Seabrook Reserve Broadmeadows

Bookings Required

WEEK 2

Tuesday 15, Wednesday 16 and Thursday 17

Time: 10am – 3pm

Age: 15 – 18

Location: Rugby League State and Community Centre

Seabrook Reserve Broadmeadows

Bookings Required

This program is facilitated by Melbourne Storm and is supported by Hume City Council Youth Services

This is a 3-day program, registering for this program means that you agree to attend all 3 program days

DON'T MISS OUT!
REGISTER NOW!



Scan QR to book or for more information visit
hume.vic.gov.au/youth



HUME CITY COUNCIL

Home Energy Upgrades



Free information session

Are your energy bills rising, yet you're sweating through summer and dreading another winter?

Hear about Hume City Council's Home Energy Upgrades program offering quality, affordable energy saving products to Hume residents:

- ✓ reverse cycle heating and cooling
- ✓ heat pump hot water
- ✓ rooftop solar
- ✓ induction cooking
- ✓ insulation
- ✓ draught proofing

You can get help to access government rebates, plus additional Council rebates for eligible concession card holders through the program.

Thursday 20 March, 6.30pm – 8pm
Online via Zoom

To book in for the session, scan the QR code or visit hume.vic.gov.au/energy

Want to get started now with free advice and no obligation quotes? Register at humeenergyupgrades.org.au or call 03 7037 6040.





HUME CITY COUNCIL

Free Energy and Water Bill Help Drop-in Sessions

Do you want to save on your electricity, gas and water bills?

Drop in for free personalised advice to:

- understand your bills and check for a good energy deal
- access energy and water concessions, payment plans and relief grants
- upgrade to efficient, electric appliances with Hume Home Energy Upgrades
- get help with complaints about electricity and gas companies

Bring along recent electricity, gas and water bills, and enjoy light refreshments. Arabic speakers will be at the Craigieburn and Broadmeadows sessions.

Wednesday 26 March, 10am - 2pm (Ramadan refreshment packs to take home)
Newbury Child and Community Centre
440 Grand Boulevard, Craigieburn

Wednesday 30 April, 10am - 2pm
Broadmeadows Library
1093 Pascoe Vale Rd, Broadmeadows

Wednesday 28 May, 10am - 2pm
Sunbury Library
44 Macedon Street, Sunbury



Bookings are not essential but assist us in managing numbers. Drop in any time.

Register at www.hume.vic.gov.au/energy or scan the QR code.



HUME CITY COUNCIL (بلدية هيوم)

جلسات مجانية للمساعدة في فواتير الطاقة دون مواعيد مُسبقة

هل فواتيرك المتعلقة بالغاز والكهرباء في ارتفاع مستمر؟ أتود أن تتعلم كيف توفر الطاقة؟

زرنا في إحدى الجلسات المجانية للحصول على نصائح مصممة لك خصيصاً وفي المجالات التالية:

- فهم الفواتير والبحث عن عروض اشتراك طاقة جيدة
- الحصول على الامتيازات المتاحة والتمتع وخطط الدفع بالتقسيط
- تحديث الأدوات المنزلية إلى أدوات كهربائية أكثر فعالية ضمن برنامج Hume Home Energy Upgrades (برنامج هيوم للتحديثات المنزلية المتعلقة بالطاقة)
- احصل على المساعدة في معالجة الخلافات مع شركات الغاز والكهرباء

أحضر معك فاتورتك كهرباء وغاز حديثتين. يوجد متحدثون باللغة العربية.

الأربعاء 26 آذار/مارس من الساعة 10 صباحاً وحتى 2 ظهراً
مركز نيوبوري للمجتمع والأطفال (Newbury Child and Community Centre)
440 Grand Boulevard, Craigieburn

الأربعاء 30 نيسان/أبريل من الساعة 10 صباحاً وحتى 2 ظهراً
مكتبة برودميدوز (Broadmeadows Library)
1093 Pascoe Vale Rd, Broadmeadows

الأربعاء 26 آذار/مارس من الساعة 10 صباحاً حتى 2 ظهراً
(تتوفر حزم رمضان تحتوي على وجبات خفيفة يمكنك أخذها معك)

إن حجز موعد غير ضروري ولكن سيساعدنا التسجيل في إدارة عدد الحضور. يمكنك الحضور في أي وقت خلال السّاعة المُتاحة.

يُرجى التسجيل في صفحة الطاقة على موقع بلدية هيوم، العنوان هو: www.hume.vic.gov.au/energy أو امسح رمز الاستجابة السريعة [QR code] للتسجيل.



Quality education.
Affordable fees.
Your child's path
to success.

Enrolments for **Year 7, 2027** at
Penola Catholic College are now open.

Visit penola.vic.edu.au to complete an
online enrolment form. Applications
close Friday 15 August, 2025.



Melbourne Archdiocese
Catholic Schools



Penola
CATHOLIC COLLEGE
EST. 1995



Melbourne Archdiocese
Catholic Schools



Penola
CATHOLIC COLLEGE
EST. 1995

Join us for a
College Tour
in Term 1

Wed	19 Feb	9am	Junior Campus
Tues	4 Mar	6pm	Junior Campus
Tues	11 Mar	6pm	Senior Campus
Wed	2 Apr	9am	Junior Campus

Visit penola.vic.edu.au to book.



Parent Pathways

Supporting parents to build brighter futures

Workskil Australia are supporting parents and carers as your local Parent Pathways providers.

Parent Pathways is a voluntary, free service supporting eligible parents and carers of young children to build brighter futures for their families.

Our Mentors provide a wide range of flexible, personalised support options to help your clients achieve their goals. Participants can commence, pause and return anytime without impacting income or carer support payments and benefits.

We are accepting referrals and believe Parent Pathways could complement your vital services.

Why work with us?

From our experience, people facing disadvantage often encounter multiple barriers to achieving their goals, requiring assistance from a range of support services.

Workskil Australia is building a network of like-minded organisations in our community. In addition to supporting your clients, we are also looking to refer our clients to service providers where direct support is beyond our scope. By working together, we can enhance support and improve outcomes for parents and carers who need it most.

How Parent Pathways can support your clients

Eligible parents and carers can access a wealth of benefits, including:

- Financial support through vouchers and funding for essential items, transport, education, medical appointments and more
- Childcare and early childhood education connections and assistance in accessing subsidies
- Physical and mental health referrals and free appointments with qualified counsellors
- Help to get on the road with funding for driving lessons and car registration
- Housing support with a dedicated team helping to find and maintain medium- or long-term housing
- Crisis support, whether direct or through referral to the right service. Parents are treated with care and confidentiality
- Training and study opportunities to build English language skills or improve job and career prospects
- Employment opportunities and mentoring for working now or when the time is right

Parent Centres

Our Parent Centres are warm, child- and culturally safe and friendly, with free food pantries, kitchen and parenting facilities and internet available at all times.

The play spaces are great for meeting other parents, making friends and building confidence while receiving support from qualified Parent Mentors.

Interpreters are available on request, and our diverse staff speak a range of languages.

About Workskil Australia

Workskil Australia is a national not-for-profit and charitable organisation supporting disadvantaged Australians in achieving economic and social independence. We have worked for the community since 1982, assisting people of all backgrounds and abilities to overcome barriers across education, employment, housing, health, wellbeing and inclusion.

Parent Pathways eligibility

We welcome parents and carers of all backgrounds and abilities who are interested in receiving free support.

Those eligible will have a child aged under 6, are not in paid employment and are living in a region where the program is offered.

They must also be:

- Receiving a Parenting or Carers Payment or Special Benefit, or
- Not receiving a Payment but are either:
 - Aged under 22, or
 - A First Nations parent or carer, or
 - An early school leaver (do not hold a Year 12 or higher qualification)

Our door is always open

If you'd like to learn more about how we can support clients together, or you would like to refer a client to Parent Pathways, please get in touch with our friendly team:



Call 1800 125 555 and ask to be directed to your local Parent Centre
 Email parentpathways@workskiloom.au
 Scan the QR code to visit our website, learn more about Parent Pathways and submit a request for a call back



WOOLWORTHS NETSETGO CLINIC 2025

WITH PARK PANTHERS CENTRAL LYNX NETBALL CLUB



COME AND JOIN A WEEKLY PROGRAM SPECIFICALLY DESIGNED TO INTRODUCE BOYS AND GIRLS TO THE GAME OF NETBALL. LEARN THE BASICS, FIND YOUR FEET AND MAKE A BUNCH OF NEW FRIENDS! THE PERFECT AFTER SCHOOL ACTIVITY!

- **Multiple age groups available**
 - SET: 7-8 years
 - GO: 9-10 years
- **Weekly indoor sessions on Fridays during school terms, 4.30-5.20pm**
- **New clinic starting late January 2025**
- **Payment plans and funding available**



WHERE ARE WE LOCATED?

Broadmeadows Leisure Centre
41-85 Tardarrum Way, Broadmeadows



CONTACT US

Email all enquiries to
parkpanthers@gmail.com



Head to our website:
www.parkpantherscentrallynx.org.au

Find us on social media:
[parkpantherscentrallynx](https://www.facebook.com/parkpantherscentrallynx)



PARK PANTHERS CENTRAL LYNX NETBALL CLUB ARE RECRUITING PLAYERS FOR 2025



LOVE NETBALL, OR ALWAYS WANTED TO TRY IT? EXPERIENCE THE THRILL OF THE GAME. JOIN OUR FAMILY-FRIENDLY AND ALL-INCLUSIVE COMMUNITY CLUB. WE ARE WELCOMING NEW PLAYERS (ALL GENDERS, AGES AND EXPERIENCE) TO REGISTER.

- **Junior teams ages 6-16**
- **Senior teams ages 17 & up**
- **Weekly indoor training sessions**
- **Experienced coaches**
- **Match play opportunities**



WHERE ARE WE LOCATED?

Training: Broadmeadows Leisure Centre
Competition: State Netball Centre, Parkville



CONTACT US

Email all enquiries to
parkpanthers@gmail.com



Head to our website:
www.parkpantherscentrallynx.org.au

Find us on social media:
[parkpantherscentrallynx](https://www.facebook.com/parkpantherscentrallynx)

