

22 August

HOLY CHILD PRIMARY SCHOOL

Safe, happy and ready to learn



Welcome to this week's Newsletter!

Holy Child Primary School is the parish primary school of Dallas, which serves the suburbs of Coolaroo, Meadow Heights, Dallas, Upfield, Campbellfield and parts of Broadmeadows.

The Josephite Sisters established Holy Child Primary School, Dallas, in 1965 (Parish Reg). The Josephite ethos of pastoral care and community involvement are the hallmark of the Holy Child community.

St. Mary MacKillop, in full, Saint Mary Helen MacKillop, also called Saint Mary of the Cross, (born 15 January 1842, Melbourne, Victoria, Australia - died 8 August 1909, North Sydney, New South Wales, Australia and canonized 17 October 2010. St Mary MacKillops Feast Day is 8 August.

We are proud that Holy Child Primary was the first in Australia to start a children's Mary MacKillop group!

UPCOMING EVENTS

SEPTEMBER

Monday 15 September

Prep Excursion to Scienceworks

Friday 19 September at 3:20pm

Last day of Term 3 (Staff & Students)

HELLO



PRINCIPAL / DEPUTY PRINCIPAL MESSAGE

Dear Families,

As we reflect on our learning journeys and the growth, we are experiencing this school year, it is important to remember the values of perseverance and commitment. These are qualities that will help us overcome challenges and stay focused on the path ahead, especially in moments when things feel difficult or uncertain.

In **Luke 13:22-30**, Jesus speaks about the narrow door, encouraging His followers to strive to enter through it. He says, **"Make every effort to enter through the narrow door, because many, I tell you, will try to enter and will not be able to."** Jesus reminds us that the path to salvation and true fulfillment is not always easy, but it requires effort, commitment, and persistence. While many will face challenges, those who keep striving and are determined will find the reward.

This passage encourages us to continue working hard, even when things seem difficult. It reminds us that there are no shortcuts on the path to success, but with dedication and focus, we will reach our goals. For all of us in our Holy Child community, this is a message of hope. For some of us this hope could mean learning a new language, adapting to a new culture, and overcoming the barriers that come with being in a new environment takes time, but your effort will lead to growth and success.

Like the passage from Luke suggests, we may encounter challenges along the way, but by staying committed to our learning and relying on the support of our school community, we can continue to make progress. The narrow door is not about perfection but about making an effort and trusting in God's presence with us through every step of the journey.

Prayer

Let us pray:

Dear God, thank You for the strength and guidance You provide. Help us to stay focused and committed as we continue to learn and grow. Give us the perseverance to face challenges and the faith to know that You are always with us. May we continue to strive for the path that leads to love, understanding, and peace. Amen.

With blessings,
Guy Toomey
Acting Principal

STUDENTS OF THE WEEK

GRADE	STUDENT
Prep EC	<p>From Week 2 - Marita Yousif for trying your hardest in all your work. You have tried very hard to sound out new words! Keep up the great work!</p> <p>Sophia Rodger for always trying your best and contributing to class discussions. You consistently demonstrate a positive attitude to your learning and work to challenge yourself to keep improving! Congratulations!</p>
Prep AM	<p>From Week 2 - Ariel Vu for your fantastic effort in Maths and counting together 2 small collections to find the total in a number story. Keep up the great effort Ariel!</p> <p>Santino Rocca for showing persistence with your learning this week and demonstrating kindness in class. Keep up the wonderful effort Santino!</p>
1 BC	<p>Yohanna Kayssr your enthusiastic engagement in class learning and discussions. Your positive attitude and determination to always try your best makes you a valued member of our classroom!</p>
1 KF	<p>Andraws Al-Sheikh for always showing amazing progress and a strong desire to keep improving every day. Your hard work, determination, and positive attitude don't go unnoticed. Keep growing and reaching for your best!</p>
2 SV	<p>Shariel Esho for being a role model in how to show kindness to your friends, teachers and everyone around the school at all times. You always come to class ready to learn, are always on time to complete your homework and are a fantastic learner. Amazing job, keep it up!</p> <p>Peter Al-Sheikh for working very hard with your learning in class and for making big leaps and strides in your reading and writing and doing your home reading. You've come so far since you joined us at Holy Child this year and we are all very proud of you. Keep up the amazing work!</p> <p>Mira Polus for working very hard with your learning in class, for always coming to school with a huge smile on your face and for being a kind person to your teachers and friends. Your energy and positivity brighten up our days. Keep up the amazing work!</p>
2 BD	<p>Kherota Kapi for always trying your best in writing and contributing to class discussions. Your sentences are getting better all of the time! Well done, Kherota.</p>
3/4 CM	<p>Mira George for being a curious and adaptable learner who follows instructions and works well independently and in group situations. You should be very proud of yourself!</p> <p>Umut Bahar for being a persistent learner and working well in maths. He has been trying really hard to ensure he reads the time correctly. You should be very proud of yourself!</p>
3/4 JC	<p>Marcus Metti displaying persistence in all areas. You have demonstrated continuous growth in your writing, creating engaging narratives that are action packed. Keep up the amazing work!!</p> <p>Anna Phan showing an increasing curiosity in mathematics. You have developed your understanding of money and have shown an interest in decimals. Keep up the amazing work!!</p>

GRADE	STUDENT
3/4 SM	<p>Mena Metti you are thinking about your learning and are advancing to new levels by working towards expanding your knowledge more each day. Great determination Mena.</p> <p>Jacinta Adam: you love learning. Your persistence and commitment to consistently doing better is exemplary. You inspire us. Congratulations!</p>
5/6 JR	<p>Charbel Shabo for demonstrating leadership during tabloid sports and buddies. Great work Charbel!!</p> <p>Adrian Benyamen for being a persistent learner who tries his best. Keep up the great work Adrian!</p>
5/6 MM	<p>Chantelle Mesho for showing persistence in learning her 4 times tables and always treating her peers with kindness. Well done, Chantelle!</p> <p>Darcy Morton: well done on showing great improvement in your attendance and commitment to learning. You have shown yourself to be a cooperative, caring, and enthusiastic student who works well in all classes. Keep up the excellent effort Darcy!</p> <p>Edan Truong: congratulations on being a highly motivated and independent learner who shows a genuine love for learning. Your enthusiasm and commitment to developing your knowledge and skills are truly commendable. Well done, Edan!</p>
5/6 SW	<p>Maldino Yousif for being persistent in writing, showing his ability to take on feedback and improve his historical narrative with figurative language and sensory language.</p>
LOTE	<p>Brael Esho 3/4 CM for your excellent contribution in class when learning about Italy and its place in the world. Well done / Bravo Brael!</p>
Visual Arts	<p>Marcella Hawel for</p> <p>showing concentration and dedication to creating Picasso inspired Artwork. Keep up the great Art and fantastic attitude!</p>

BOOK WEEK

We were excited to celebrate **Children's Book Week 2025** from **Monday 18th – Friday 22nd August**. This year's theme 'Book an Adventure' was a wonderful opportunity to inspire a love of reading across all year levels, with a full week of engaging activities, special guests, and community involvement.

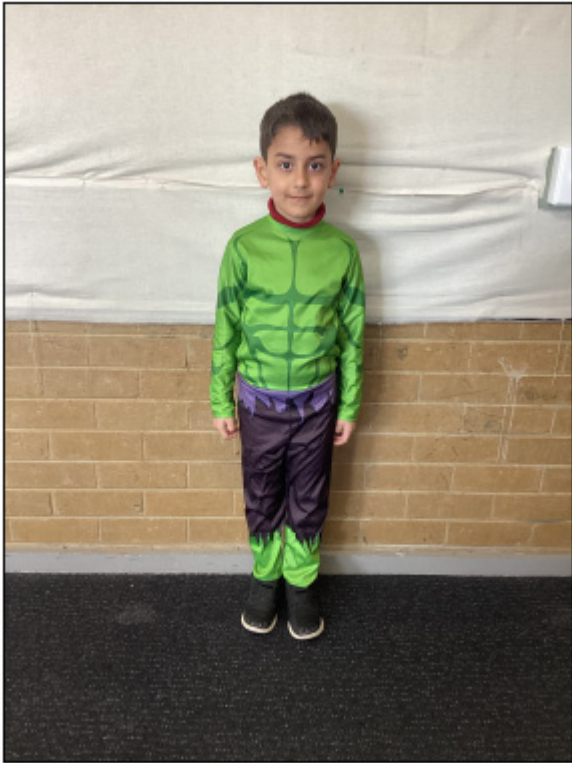
Highlights of the Week:

- **Daily Storytelling:** Each day our students enjoyed stories read by Mr. Smith, Mr. Toomey, and our School Captains.
- **Incursions:**
 - *On Monday, **Damian Callinan** author for the novel – “Weird School”* visited the Year 3- 6 students and shared his adventure of how he wrote his book and added in his extra experiences of being a teacher and a comedian.
 - *On Wednesday, **Chris Kennett – Visiting Illustrator*** visited the whole school and shared his experiences as an illustrator and digital illustrator sharing with our students all his 70 books of illustrations. .
- **Book Character Parade:** On **Wednesday**, students along with our Kindergarten students were invited to dress up as a favourite book or literacy-themed character. We thank all families for the efforts in supporting students to make their day a fun filled experience.
- **Buddy Reading & Activities:** Across the school various classes had the opportunity to participate in buddy activities about various shortlisted books.
- On Thursday our PJ Day our families and students had the chance to **“Snuggle Up and Read”**
- Friday Mr Toomey invited our Kindergarten students to visit our Library with our Year 6 students to read and explore some of our amazing books.



Book Character Parade and PJ Day















BOOK CLUB



DUE DATE

Wednesday
27 August 2025

UNIFORM

New Sports Polo – Coming Term 1, 2026

We're excited to let you know that a **new Sports Polo** will be introduced from **Term 1, 2026**.

Please see below for a preview!

- **Cost:** \$30.00 (available in sizes 4 to Large)
- **Available:** From the start of the 2026 school year

👉 **Good news!** You are **not required** to purchase the new Sports Polo straight away. Students can continue to wear their **existing Sports T-shirt** until it needs replacing.



Special Offer – Current Sports T-shirt

To prepare for the change, from **Term 3, 2025**, the **current Sports T-shirt** will be sold at a **special price of \$10.00** (all sizes) — **until sold out**.

Get in early to grab a bargain

ONLINE SAFETY

eSafety young people conversation starters

These question cards are designed to be used in a family or education setting to start everyday conversations about online safety. The cards cover topics such as identifying online risks, using technology safely and reporting unsafe behaviour. Use them together with the information at **eSafety young people**, and empower young people to take control of their online experiences.



Recommended approach:

1. Print the questions on a sheet of A4/3 paper and cut into individual cards.
2. Divide cards into two piles: 'Ask an adult' and 'Ask a young person'
3. To play, adults and young people take turns to pick a card from their pile and answer the question.
4. Browse eSafety young people to find more information on how to stay safe online.

Tip: You can also open the document in Acrobat PDF and type your answers in the space provided.

What three words describe who you are online? 😎

Write or type your answer in the square below:



Ask an adult

esafety.gov.au/young-people/your-digital-reputation

What would you do if a friend was being harassed online? 😡

Write or type your answer in the square below:



Ask an adult

esafety.gov.au/young-people/be-an-upstander-not-a-bystander



eSafety Commissioner

esafety.gov.au/young-people

What worries you most about me being online? 😞

Write or type your answer in the square below:



Ask an adult

www.esafety.gov.au/young-people/helping-adults-get-online

Do you feel pressure to keep up on social media? 😞

Write or type your answer in the square below:



Ask an adult

www.esafety.gov.au/young-people/pressures-from-social-media

What would you do if someone sent you a nude image without your permission?

Write or type your answer in the square below:



Ask an adult

esafety.gov.au/young-people/receiving-unwanted-nudes

Can other people see pictures you post of me online?

Write or type your answer in the square below:



Ask an adult

esafety.gov.au/young-people/consent-sharing-photos



eSafety Commissioner

esafety.gov.au/young-people

Have you ever created online drama?

Write or type your answer in the square below:



Ask a
young person

esafety.gov.au/young-people/violent-inappropriate-content

What should I do if I'm getting trolled on social media?

Write or type your answer in the square below:



Ask a
young person

esafety.gov.au/young-people/trolling

How do you feel after spending time on social media? 😞

Write or type your answer in the square below:



Ask a
young person

esafety.gov.au/young-people/spending-too-much-time-online

What would you do if a nude photo of you was shared without your consent?

Write or type your answer in the square below:



Ask a
young person

esafety.gov.au/young-people/my-nudes-have-been-shared



 eSafety Commissioner

esafety.gov.au/young-people

How do you balance time online with other priorities?

Write or type your answer in the square below:



Ask a young person

esafety.gov.au/young-people/spending-too-much-time-online

Do you know how any of your friends manage their time online?

Write or type your answer in the square below:



Ask a young person

esafety.gov.au/young-people/spending-too-much-time-online

If there is one thing you would like me to stop doing online, what would it be?

Write or type your answer in the square below:



Ask a young person

esafety.gov.au/young-people/spending-too-much-time-online

What are your top three tips for using social media?

Write or type your answer in the square below:



Ask a young person

esafety.gov.au/young-people



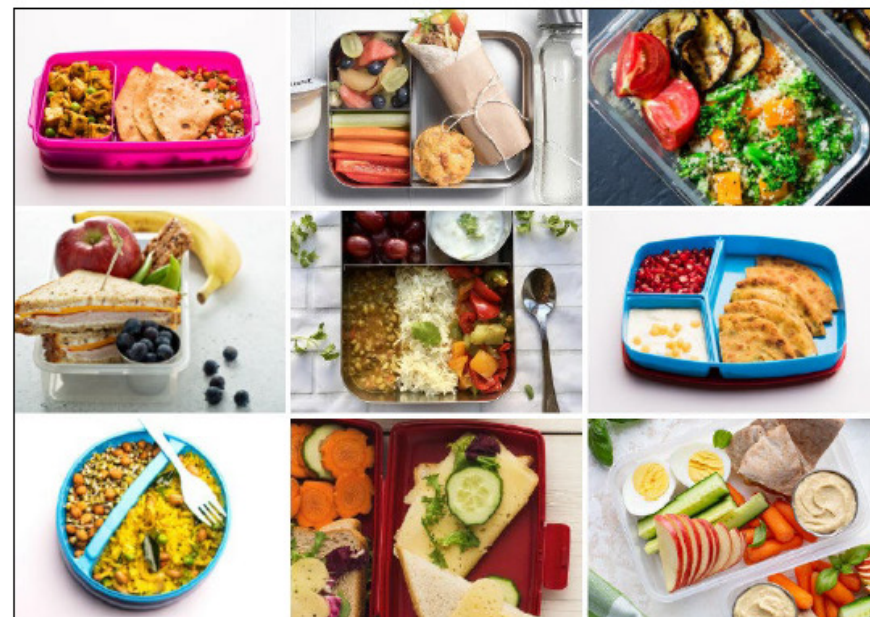
eSafety Commissioner

esafety.gov.au/young-people



esafety.gov.au/young-people

HEALTHY LUNCHBOXES



CREATE A FUN LUNCHBOX EVERY DAY - CHOOSE SOMETHING FROM EACH FOOD GROUP

Fruits	Vegetables	Dairy and Alternatives	Water
<ul style="list-style-type: none"> Apple Banana Mandarin Fig Berries Fruit salad Tinned fruit in juice, not syrup 	<ul style="list-style-type: none"> Soups and lentil curry (pre heat in flask to keep it warm for lunch) Raw or lightly steamed vegetable sticks (carrot, capsicum, cucumber) Steamed or grilled corn cobs Salad with a creamy dressing 	<ul style="list-style-type: none"> Milk No-added sugar yogurt (frozen overnight) Cheese cubes Tabaki dip Cottage cheese Calcium fortified soy milk 	<p>Take a water bottle (for refilling throughout the day). Tip: Freeze overnight to keep foods cool in lunchboxes.</p>
<ul style="list-style-type: none"> Flat bread and naan Pasta dishes 	<ul style="list-style-type: none"> Noodles Rice, quinoa or couscous Fruit loaf Homemade pizza Wholemeal (brown) bread 	<ul style="list-style-type: none"> Meat and Protein Alternatives Grilled meats with the extra fat removed (eg. beef, chicken) 	<ul style="list-style-type: none"> Tinned tuna or salmon Lentil or veggie burgers (falafel) Boiled eggs Hummus dip Tofu

Curries, soup and stews mix many of the above food groups, they are healthy lunchbox options.

For more healthy eating information call 1300 234 263 to make an appointment with a DPV Health Dietitian or visit <https://www.health.vic.gov.au/schools/healthy-lunchboxes> for lunchbox ideas.

Tips for Planning a Healthy Lunch Box

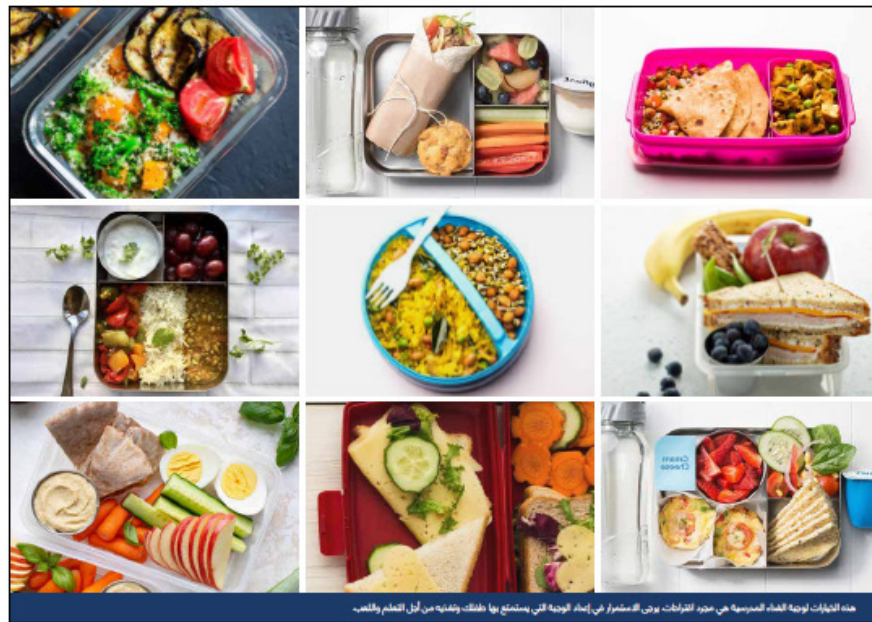
- Prepare school lunches the night before:** it gives you time to talk about the foods you're including and makes the morning routine quicker. Give it a go!
- Plan family dinners for the entire week and do one big grocery shop at the start of the week;** it's cheaper than going to the supermarket every night to buy ingredients for dinner.
- Freeze tubs of yogurt or water bottles to help keep food cool until lunch time on warm days.** Make sure children can open their lunch box and containers by themselves. This will ensure they have enough time to eat their snacks and lunch and do not have to wait for help from others.
- Water is the best drink for your child.** Encourage your child to drink a whole bottle during the day. They need to stay hydrated so they can focus and learn in class.
- Look after the environment;** pack sandwiches and other items in reusable containers. This requires less packaging and creates less rubbish.
- Try and buy fresh fruit and vegetables in season;** they will be better quality and cheaper than out-of-season produce.
- Remember to involve your children.** Take them shopping and let them help choose fruits and vegetables for their lunchbox. Let them help prepare and pack their own school lunchbox.

DPV Health

DPV Health offers a range of services for the health and wellbeing of your child and your whole family. To access our services or for more information, call us or visit our website.

1300 234 263
[dpvhealth.org.au](https://www.dpvhealth.org.au)

صناديق الغذاء الصحية






















HUB



HUB CLASSES



All hub classes are free and all people are welcome
كل البرامج التي يقدمها المركز الاجتماعي مجانية كل الناس مرحب بهم
Tất cả các lớp học đều miễn phí và chào đón mọi người

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
LEADER	-	Van and Melissa	Melissa	Van and Melissa	Melissa	EVENTS
9 AM	Quiet Space 9 am - 11:30 am 	Playgroup 0-5 مجموعة اللعب Chơi nhóm 9:30 - 11:30 	Everyday Computer Skills مهارات اللغة الإنجليزية والكمبيوتر اليومية Tiếng Anh hàng ngày và kỹ năng máy tính 9:15 - 12:15 	Supported Playgroup 0-5 مجموعة اللعب Nhóm chơi được hỗ trợ 9:30 - 11:30 	English Conversation Class دروس الأنكليزي Lớp tiếng Anh 9:15-11:15  	Mother's Day Celebration Thursday, 8th May 9:30 am - 12 am <ul style="list-style-type: none">Morning teaZumbaStudent presentations <div>NEW!</div>
10 AM	NEW!			Cooking Class دروس تعلم الطبخ Lớp học nấu ăn 9:15 - 12:15 	Volunteer Today المساعدة من خلال العمل التطوعي tình nguyện giúp đỡ <u>Help Others and Learn New Skills</u> <ul style="list-style-type: none">Classroom HelperHelp Teachers On ExcursionsRaise MoneySchool Events Appointment made at the office	Envisage Parent Support Group 9:30 AM - 11 AM <ul style="list-style-type: none">Supporting parents who care for a child <div>NEW!</div>
11 AM						
12 AM	Helping Hand With Olivia and Chelsea 1:00 pm - 3:00 pm <ul style="list-style-type: none">DocumentsComputerFinding answersForms 	NEW! 1:00 pm- 3:00 pm Sewing خياطة May vâm 	Family Support With Van and Melissa دعم الأسره وانخفاض الخدمات Hỗ trợ gia đình 1:30 - 3:15  	Family Support With Van and Melissa دعم الأسره وانخفاض الخدمات Hỗ trợ gia đình 1:30 - 3:15  	Walk To School Assembly المشي إلى تجمع المدرسة معنا Cùng nhau đi tới hội trường 2:25 Every 3 weeks 	Invitation to Parents Online Safety Thursday 22nd May 5:30 pm - 7 pm <ul style="list-style-type: none">In ½ area 
1 PM						
2 PM						Foundation House Early Years Research Project with HC Hub Playgroup <ul style="list-style-type: none">Research to make kindergartens more accessible <div>NEW!</div>
3 PM	NEW!	Parents Chat & Coffee يتحدث الآباء ويتناولون القهوة Cha mẹ Trò chuyện và cà phê 2:30 - 3:30  				Wellbeing Session Healthy Aging at all stages  

COMING SOON



GATES OPEN 8:30AM
GATES CLOSE 3:40PM



School begins 8:45am sharp



Lunch 10:50am to 11:40am



Recess 1:40pm to 2:15pm



School ends 3:20pm

Children playing outside the school grounds, before and after school, are not supervised until 8.30am before school and up to 3.40pm after school. Many children are going to the Jack Culpin Car Park\Reserve and Gibbs Reserve, before and after school, to wait for their parents' drop-off and pick-up. We are not able to supervise your children in these areas.

Please ensure that your children are collected from the School Grounds in Area 1. If your child is not collected by 3.40pm they are to be collected from the Reception Foyer.

SUNSMART

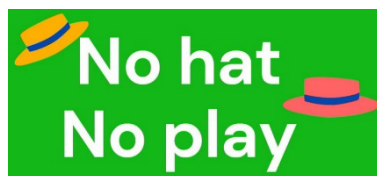
Australia has one of the highest rates of skin cancer in the world.

In Victoria, from September through to the end of April, average UV levels are 3 and above, which is when UV radiation can damage skin and eyes and lead to skin cancer. When the UV Index is 3 and above:

- **Slip** on sun-protective clothing.
- **Slop** on SPF30+, broad-spectrum, water-resistant sunscreen; put it on 20 minutes before you go outdoors and every two hours afterwards.
- **Slap** on a hat that protects your face, head, neck, and ears.
- **Seek** shade.
- **Slide** on some sunglasses - make sure they meet Australian Standards.

Holy Child is a SunSmart School, and we enforce **NO HAT NO PLAY**.

Children must wear the school hat during the break times at school.



FOOD AND DRINK

During warmer weather, DRINK MORE WATER

As the weather warms up it is important that our children drink regularly.

Children will need a clearly named and refillable drink bottle.

Please do not send food that needs re-heating.

Due to health and safety, we are unable to heat children's food at school.

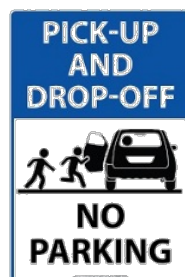
During cooler weather

As the weather cools, ensure children are appropriately dressed for cold rainy days and if they are wearing a beanie or gloves that they are navy blue or black.

Beanies are available for purchase at the school.

Parent Parking

- This is a reminder for all parents that the parking at the front of the school is to be used for drop off and pick up only.
- No cars should be parking there for more than 10 minutes allowing enough time to pick up or drop off your children.
- You should **not** be parking in the disabled parking bay, nor should you be parking in front of the gate. The gate needs to be clear at all times for emergency access.



Holy Child Primary School
is a Smoke-Free Zone



Parent Parking

- This is a reminder for all parents that the parking at the front of the school is to be used for drop off and pick up only.
- No cars should be parking there for more than 10 minutes allowing enough time to pick up or drop off your children.
- You should **not** be parking in the disabled parking bay, nor should you be parking in front of the gate. The gate needs to be clear at all times for emergency access.



Picking up children early



Dear Parents / Guardians / Carers,

Due to staff shortages, we strongly discourage you from collecting your children during these break times:

- first break, which is between 11am until 11.40am
- second break, which is between 1.40 pm until 2.20pm
- after 3:00 pm, unless it is an emergency.

Please note that if you do show up during break times, you will need to wait until children return to their classrooms.

Please understand that staff will be unable to help you until the children have returned to their classrooms.

Thank you for your understanding and cooperation.

Alan Smith,
Principal



OUTSIDE SCHOOL HOURS CARE

Holy Child Primary School, Dallas

Register Now by scanning the code



Program	Times	Permanent (Full Fee)	Subsidy Rebate 90%	Casual (Full Fee)	Subsidy Rebate 90%
Before School	6:45AM - 8:45AM	\$24.20	\$2.40	\$29.20	\$2.90
After School	3:30PM - 6:30PM	\$33.20	\$3.30	\$38.20	\$3.80

